

Package leaflet: Information for the patient

Ambrisentan 5 mg film-coated tablets

Ambrisentan 10 mg film-coated tablets

Ambrisentan

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor, pharmacist or nurse.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet

1. What Ambrisentan tablets is and what it is used for
2. What you need to know before you take Ambrisentan tablets
3. How to take Ambrisentan tablets
4. Possible side effects
5. How to store Ambrisentan tablets
6. Contents of the pack and other information

1. What Ambrisentan tablets is and what it is used for

Ambrisentan tablets contains the active substance ambrisentan. It belongs to a group of medicines called other antihypertensives (used to treat high blood pressure).

It is used to treat pulmonary arterial hypertension (PAH) in adults, adolescents and children aged 8 years and over and weighing greater than or equal to 50 kg. PAH is high blood pressure in the blood vessels (the pulmonary arteries) that carry blood from the heart to the lungs. In people with PAH, these arteries get narrower, so the heart has to work harder to pump blood through them. This causes people to feel tired, dizzy and short of breath.

Ambrisentan tablets widens the pulmonary arteries, making it easier for the heart to pump blood through them. This lowers the blood pressure and relieves the symptoms.

Ambrisentan may also be used in combination with other medicines used to treat PAH.

2. What you need to know before you take Ambrisentan tablets

Do not take Ambrisentan tablets:

- if you are **allergic** to ambrisentan, soya, or any of the other ingredients of this medicine (listed in section 6)

- **if you are pregnant**, if you are **planning to become pregnant**, or if you **could become pregnant** because you are not using reliable birth control (contraception). Please read the information under 'Pregnancy'
- if you are **breast feeding**. Read the information under 'Breast-feeding'
- if you **have liver disease**. Talk to your doctor, who will decide whether this medicine is suitable for you
- if you have **scarring of the lungs**, of unknown cause (idiopathic pulmonary fibrosis).

Warnings and precautions

Talk to your doctor, pharmacist or nurse before taking Ambrisentan tablets if you have:

- liver problems
- anaemia (a reduced number of red blood cells)
- swelling in the hands, ankles or feet caused by fluid (*peripheral oedema*)
- lung disease where the veins in the lungs are blocked (*pulmonary veno-occlusive disease*).

→ **Your doctor will decide** whether Ambrisentan tablets is suitable for you.

You will need regular blood tests

Before you start taking Ambrisentan tablets, and at regular intervals while you're taking it, your doctor will take blood tests to check:

- whether you have anaemia
- whether your liver is working properly.

→ It is important that you have these regular blood tests for as long as you are taking Ambrisentan tablets.

Signs that your liver may not be working properly include:

- loss of appetite
- feeling sick (nausea)
- being sick (vomiting)
- high temperature (fever)
- pain in your stomach (abdomen)
- yellowing of your skin or the whites of your eyes (jaundice)
- dark-coloured urine
- itching of your skin.

If you notice any of these signs:

→ **Tell your doctor immediately.**

Children and adolescents

Children

Do not give this medicine to children aged under 8 years as the safety and effectiveness is not known in this age group.

Other medicines and Ambrisentan tablets

Tell your doctor or pharmacist if you're taking, have recently taken or might take any other medicines.

If you start taking cyclosporine A (a medicine used after transplant or to treat psoriasis), your doctor may need to adjust your dose of Ambrisentan tablets.

If you are taking rifampicin (an antibiotic used to treat serious infections) your doctor will monitor you when you first start taking this medicine.

If you are taking other medicines used to treat PAH (e.g. iloprost, epoprostenol, sildenafil) your doctor may need to monitor you.

→ **Tell your doctor or pharmacist** if you are taking any of these medicines.

Pregnancy, breastfeeding and fertility

Pregnancy

Ambrisentan tablets may harm unborn babies conceived before, during or soon after treatment.

- **If it is possible you could become pregnant, use a reliable form of birth control** (contraception) while you're taking this medicine. Talk to your doctor about this.
- **Don't take this medicine if you are pregnant or planning to become pregnant.**
- **If you become pregnant or think that you may be pregnant** while you're taking this medicine, **see your doctor immediately.**

If you are a woman who could become pregnant, your doctor will ask you to take a pregnancy test before you start taking this medicine and regularly while you are taking this medicine.

Breast-feeding

It is not known if the active substance of Ambrisentan tablets can pass into breast milk.

→ **Don't breast-feed while you're taking this medicine.** Talk to your doctor about this.

Fertility

If you are a man taking Ambrisentan tablets, it is possible that this medicine may lower your sperm count. Talk to your doctor if you have any questions or concerns about this.

Driving and using machines

Ambrisentan tablets may cause side effects, such as low blood pressure, dizziness, tiredness (see section 4), that may affect your ability to drive or use machines. The symptoms of your condition can also make you less fit to drive or use machines.

→ **Don't drive or use machines if you're feeling unwell.**

Ambrisentan tablets contains lactose, lecithin (soya), Allura red AC Aluminum Lake (E 129) and sodium

Ambrisentan tablets contain small amounts of a sugar called lactose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

Ambrisentan tablets contain lecithin derived from soya. If you are allergic to soya, do not use this medicine (see section 2 'Do not take Ambrisentan tablets').

Ambrisentan tablets contain a colouring called Allura red AC Aluminum Lake (E 124) which can cause allergic reactions (see section 4).

Ambrisentan tablets contain sodium. “This medicine contains less than 1 mmol sodium (23 mg) per tablet, that is to say essentially ‘sodium-free’.”

3. How to take Ambrisentan tablets

Always take this medicine exactly as your doctor or pharmacist has told you to. Check with your doctor or pharmacist if you’re not sure.

How much Ambrisentan tablets to take

Adults

The usual dose of Ambrisentan tablets is one 5 mg tablet, once a day. Your doctor may decide to increase your dose to 10 mg, once a day.

If you take cyclosporine A, do not take more than one 5 mg tablet of Ambrisentan tablets, once a day.

Adolescents and children aged 8 years to less than 18 years

Usual starting dose of Ambrisentan tablets	
Weighing 50 kg or more	One 5 mg tablet, once a day

Your doctor may decide to increase your dose. It’s important that children attend their regular doctor’s appointments, as their dose needs to be adjusted as they get older or gain weight.

If taken in combination with cyclosporin A, the dose of Ambrisentan tablets for adolescents and children weighing 50 kg or more is 5 mg once daily.

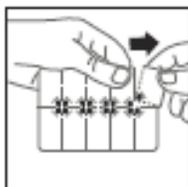
How to take Ambrisentan tablets

It is best to take your tablet at the same time each day. Swallow the tablet whole, with a glass of water, do not split, crush or chew the tablet. You can take this medicine with or without food.

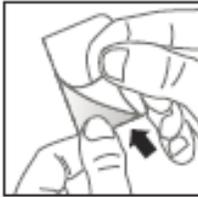
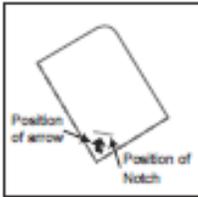
Taking out a tablet

These tablets come in special packaging to prevent children removing them.

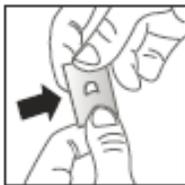
1. **Separate one pocket:** tear along the cutting lines to separate one “pocket” from the **blister.**



- 2. Peel back the outer layer:** Lift the outer layer from the arrow corner towards the notch to loosen the outer layer and further peel off the outer layer completely.



- 3. Push out the tablet:** gently push the tablet from the pocket side so that the tablet comes out of the foil layer.



If you take more Ambrisentan tablets than you should

If you take too many tablets you may be more likely to have side effects, such as headache, flushing, dizziness, nausea (feeling sick), or low blood pressure that could cause light-headedness:

→ **Ask your doctor or pharmacist for advice** if you take more tablets than prescribed.

If you forget to take Ambrisentan tablets

If you forget a dose of Ambrisentan tablets, just take the tablet as soon as you remember, then carry on as before.

→ **Don't take two doses at the same time to make up for a forgotten dose.**

Don't stop taking Ambrisentan tablets without your doctor's advice

This medicine is a treatment that you will need to keep on taking to control your PAH.

→ **Don't stop taking Ambrisentan tablets unless you have agreed this with your doctor.**

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Serious side effects

Tell your doctor if you get any of these:

Allergic reactions

This is a common side effect that may affect **up to 1 in 10** people. You may notice

- a rash or itching and swelling (usually of the face, lips, tongue or throat), which may cause difficulty in breathing or swallowing

Swelling (oedema), especially of the ankles and feet

This is a very common side effect that may affect **more than 1 in 10** people

Heart failure

This is due to the heart not pumping out enough blood. This is a common side effect that may affect **up to 1 in**

10 people. Symptoms include:

- shortness of breath
- extreme tiredness
- swelling in the ankles and legs.

Reduced number of red blood cells (Anaemia)

This is a very common side effect that may affect **more than 1 in 10** people. Sometimes this requires a blood transfusion. Symptoms include:

- tiredness and weakness
- shortness of breath
- generally feeling unwell.

Low blood pressure (hypotension)

This is a common side effect that may affect **up to 1 in 10** people. Symptoms include

- light-headedness

→ **Tell your doctor straight away** if you (or your child) get these effects or if they happen suddenly after taking this medicine.

It is important to have regular blood tests, to check for anaemia and that your liver is working properly. **Make sure that you have also read the information in section 2** under ‘You will need regular blood tests’ and ‘Signs that your liver may not be working properly’.

Other side effects

Very common (may affect more than 1 in 10 people):

- headache
- dizziness
- palpitations (fast or irregular heart beats)
- shortness of breath getting worse shortly after starting this medicine
- a runny or blocked nose, congestion or pain in the sinuses
- feeling sick (nausea)
- diarrhoea
- feeling tired

In combination with tadalafil (another PAH medicine)

In addition to the above:

- flushing (redness of the skin)
- being sick (vomiting)
- chest pain/discomfort

Common (may affect up to 1 in 10 people):

- blurry or other changes to vision
- fainting
- abnormal blood test results for liver function
- a runny nose
- constipation
- pain in your stomach (abdomen)
- chest pain or discomfort
- flushing (redness of the skin)
- being sick (vomiting)
- feeling weak
- nose bleed
- rash

In combination with tadalafil

In addition to the above, except abnormal blood test results for liver function:

- ringing in the ears (*tinnitus*).

Uncommon (may affect up to 1 in 100 people):

- liver injury
- inflammation of the liver caused by the body's own defences (*autoimmune hepatitis*)

In combination with tadalafil

- sudden hearing loss.

Side effects in children and adolescents

These are expected to be similar to those listed above for adults

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the national reporting system via the Yellow Card Scheme at <https://yellowcard.mhra.gov.uk/> or search for 'MHRA Yellow Card' in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Ambrisentan tablets

- Keep this medicine out of the sight and reach of children.
- Do not use this medicine after the expiry date, which is stated on the carton and blister after 'EXP'. The expiry date refers to the last day of that month.
- This medicine does not require any special storage conditions.
- Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Ambrisentan 5 mg and 10 mg film-coated tablets contains

- The active substance is ambrisentan.
 - Each film-coated tablet contains 5 mg of ambrisentan
 - Each film-coated tablet contains 10 mg of ambrisentan
- The other ingredients are lactose, microcrystalline cellulose, croscarmellose sodium, magnesium stearate, polyvinyl Alcohol-Part. Hydrolysed, talc, titanium dioxide, macrogol 4000, lecithin (Soya), allura red AC aluminium lake.

What Ambrisentan 5 mg and 10 mg film-coated tablets looks like and contents of the pack

Ambrisentan 5 mg film-coated tablets

Pale pink square shaped biconvex film coated tablets debossed with 'CL' on one side and '5' on other side.

Length: 6.80 mm

Breadth: 6.80 mm

Ambrisentan 10 mg film-coated tablets

Deep pink oval shaped biconvex film coated tablets debossed with "CL" on one side and "10" on the other side.

Length: 10.00 mm

Breadth: 5.00 mm

Ambrisentan 5 mg and 10 mg film-coated tablets packed in perforated blister of 10 tablets composed of 206 mm lidding peel-push foil and 0.25/206 mm PVC/PVDC white opaque film.

Pack sizes with unit dose blisters of 10x1 or 30x1 film-coated tablets.

Not all pack sizes may be marketed.

Marketing Authorisation Holder and manufacturer

Marketing Authorisation Holder

Cipla (EU) Limited,

Dixcart House, Addlestone Road, Bourne Business Park, Addlestone,
Surrey, KT15 2LE, United Kingdom

Manufacturer

CIPLA (EU) Limited

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