

Package Leaflet: Information for the user

Lacidipine 2 mg, 4 mg, 6 mg Film-Coated Tablets Lacidipine

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

What is in this leaflet

1. What Lacidipine is and what it is used for
2. What you need to know before you take Lacidipine
3. How to take Lacidipine
4. Possible side effects
5. How to store Lacidipine
6. Contents of the pack and other information

1. What Lacidipine is and what it is used for

Lacidipine tablets contain a medicine called lacidipine. This belongs to a group of medicines called 'calcium channel blockers'. Lacidipine helps to relax your blood vessels so that they get wider. This helps the blood to flow more easily and lowers the blood pressure.

Lacidipine tablets taken regularly as prescribed by your doctor will help to lower your blood pressure (to treat hypertension).

2. What you need to know before you take Lacidipine

Do not take Lacidipine:

- if you are **pregnant**, likely to get pregnant or are **breast-feeding**
- if you are **allergic (hypersensitive) to lacidipine, other calcium channel blocker medicines** or any of the other ingredients of this medicine (listed in section 6)
- if you have **the heart problem 'aortic stenosis'**. This is a narrowing of a valve in your heart, which restricts blood flow
- if you have had a **heart attack** within the last month

Do not take if any of the above apply to you. If you are not sure, talk to your doctor or pharmacist before taking Lacidipine.

You should **stop taking Lacidipine** if you get chest pain (angina) or a fast, weak pulse, rapid shallow breathing, low blood pressure, cold clammy skin, blue lips or feel dizzy, faint, weak or sick.

Warnings and precautions

Take special care with Lacidipine

Check with your doctor or pharmacist before taking Lacidipine:

- if you have **an uneven heart beat** or any **other heart problems**
- if you have or have ever had any **liver problems**.

Other medicines and Lacidipine

Please tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, including medicines obtained without a prescription. This includes herbal medicines. This is because Lacidipine can affect the way some other medicines work. Also some other medicines can affect the way Lacidipine works.

In particular, tell your doctor or pharmacist if you are taking any of the following medicines:

- Medicines for high blood pressure
- Rifampicin – used to treat tuberculosis and other infections
- Itraconazole – used to treat fungal infections
- Cyclosporin – used to prevent the rejection of transplanted organs or for certain auto-immune diseases
- Cimetidine – used for stomach problems
- Tetracosactide and corticosteroids.

Tests

If you are having any **blood tests**, tell the person giving the test that you are taking this medicine. This is because Lacidipine can affect results relating to your liver.

Lacidipine with food and drink

Do not take this medicine with grapefruit juice.

Pregnancy and breast-feeding

Do not take Lacidipine if you are pregnant, likely to get pregnant or are breast-feeding.

Driving and using machines

You may feel dizzy while taking Lacidipine. If this happens, do not drive or use any tools or machines.

Important information about some of the ingredients of Lacidipine tablets

Lacidipine tablets contain lactose

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

3. How to take Lacidipine

Always take this medicine exactly as your doctor has told you. You should check with your doctor if you are not sure.

It is important to take the right number of tablets at the right time of day.

- The usual starting dose is 2 mg every morning.
- After 3-4 weeks this may be increased to 4 mg every morning.
- If necessary, the dose may be increased again to 6 mg every morning which is the maximum daily dose.
- Swallow the tablets whole with a drink of water, with or without food.
- Do not take with grapefruit juice.

This medicine comes in a calendar pack marked with the days of the week. This means you can easily check that you have taken the dose on each day.

If you take more Lacidipine than you should

If you take more of this medicine than you should, talk to a doctor or go to a hospital straight away. Take the medicine pack with you, even if there are no tablets left.

If you forget to take Lacidipine

If you forget a dose in the morning, take it as soon as you remember it on the same day. However, if you remember the next day, take your normal dose on that morning. Do not take a double dose to make up for a forgotten dose.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Tell your doctor straight away if you notice any of the following serious side effects – you may need urgent medical treatment:

- angina, this is a type of chest pain. This is uncommon in people taking Lacidipine and is more likely to occur when you start taking this medicine.
- allergic reactions, the signs may include: rapid swelling of the face, mouth and throat which may cause difficulty breathing.

The side effects described below have been experienced by people taking Lacidipine. They are listed as either common, uncommon, rare or very rare.

Common side effects

These may affect **up to 1 in 10** people

- dizziness, headache, fast or uneven heart beat (also called palpitations), flushing, swelling particularly of the ankles. These side effects usually go away as treatment continues
- fast heart beat
- upset stomach, feeling sick (nausea)
- rash, redness of the skin, itching
- an increase in the amount of water (urine) that you pass
- feeling weak
- changes in results of blood tests relating to your liver

Uncommon side effects

These may affect **up to 1 in 100** people

- chest pain (angina) including chest pain that is getting worse
- low blood pressure for example feeling faint, fainting
- swelling of the gums

Rare side effects

These may affect up to **1 in 1000** people

- rapid swelling of the face, mouth and throat which may cause difficulty breathing
- nettle rash (urticaria)
- muscle cramps

Very rare side effects

These may affect up to **1 in 10,000** people

- tremor
- depression

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme, Website: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Lacidipine

Keep this medicine out of the sight and reach of children.

This medicine does not need any special temperature storage conditions.

The tablets should be kept in the original container to protect them from light. **Do not remove any tablets from the foil until you are ready to take them.**

Do not use this medicine after the expiry date which is stated on the carton and the blister pack after EXP. The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Lacidipine tablets contain

The active substance is lacidipine. Each tablet contains 2 mg, 4 mg or 6 mg.

The other ingredients are lactose monohydrate, povidone, crospovidone and magnesium stearate. The film coating contains hypromellose, titanium dioxide and macrogol 400.

What Lacidipine tablets look like and contents of the pack

The 2 mg tablets are film-coated, round and white in colour. They have the logo  on one side and the code '225' on the other.

The 4 mg tablets are film-coated, oval and white in colour. They have the logo  on one side and the codes '2' and '24' separated by a break line on the other.

The 6 mg tablets are film-coated, oval and white in colour. They have the logo  on one side and the code '226' on the other.

Lacidipine tablets are available in blister packs of 28 tablets.
Not all pack sizes may be marketed.

Marketing Authorisation Holder and Manufacturer

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