Package leaflet: Information for the user
Bethanechol Chloride
10 mg Tablets
Bethanechol chloride

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.
- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

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1. What Bethanechol Chloride 10 mg Tablets are and what they are used for

Bethanechol Chloride 10 mg Tablets belong to a group of medicines called choline esters. The active ingredient in Bethanechol Chloride 10 mg Tablets is bethanechol chloride. They are used to treat urinary retention (holding urine in the bladder) following, for example, an operation or after giving birth, and also in the treatment of reflux oesophagitis (inflammation of the oesophagus).

2. What you need to know before you take Bethanechol Chloride 10 mg Tablets

Do not take Bethanechol Chloride 10 mg Tablets:
- if you are allergic to bethanechol chloride or any of the other ingredients of this medicine (listed in section 6).
- if you have had a blockage of your gut.
- if you have had problems passing water due to a blockage.
- if you have had recent heart attack.
- if you have had recent surgery on your stomach.
- if you are pregnant or breast-feeding.
- if you are elderly (over 70 years of age).

Warnings and precautions

Talk to your doctor or pharmacist before taking Bethanechol Chloride 10 mg Tablets.

Children and adolescents

Bethanechol Chloride 10 mg Tablets are not recommended for children.

Other medicines and Bethanechol Chloride 10 mg Tablets
Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

Please check with your doctor if you are taking any of the following before taking Bethanechol Chloride 10 mg Tablets:
- medicines used to treat abnormal heart rhythms (e.g. quinidine and procainamide)
- other medicines used to treat urinary retention (e.g. distigmine and carbachol)
- medicines that are used to reduce high blood pressure in emergency situations (e.g. trimethaphan).

Bethanechol Chloride 10 mg Tablets with food and drink
It is advisable to take Bethanechol Chloride 10 mg Tablets on an empty stomach to reduce the risk of feeling sick. They should be taken half an hour before food.

Pregnancy and breast-feeding
Do not take Bethanechol Chloride 10 mg Tablets if you are pregnant, think you are pregnant or are trying to become pregnant.
Do not take Bethanechol Chloride 10 mg Tablets if you are breast-feeding.

Driving and using machines
Occasionally Bethanechol Chloride 10 mg Tablets may interfere with an individual's ability to drive or operate machinery. If affected, you should not drive or operate machinery.

3. How to take Bethanechol Chloride 10 mg Tablets

Always take this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

- The usual dose for adults is 10 to 25 mg taken three to four times a day.
- Bethanechol Chloride 10 mg Tablets should be swallowed whole with a glass of water. They should be taken half an hour before food.
- It is advisable to take Bethanechol Chloride 10 mg Tablets on an empty stomach to reduce the risk of feeling sick.
- Bethanechol Chloride 10 mg Tablets are not recommended for children or the elderly.

If you take more Bethanechol Chloride 10 mg Tablets than you should
If you take too many tablets, or somebody else accidentally swallows your tablets, contact your doctor or the nearest hospital casualty department immediately.

If you forget to take Bethanechol Chloride 10 mg Tablets
If you miss a dose and remember within an hour of when you should have taken it, you can take your usual dose. If, however, you forget and remember after two or more hours, do not take it but wait until the next dose is due. Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Possible side effects include feeling and being sick, sweating and stomach pains/spasms.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard.

By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Bethanechol Chloride 10 mg Tablets

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton and blister after “EXP”. The expiry date refers to the last day of that month.

Store in the original packaging.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Bethanechol Chloride 10 mg Tablets contain

- The active substance is bethanechol chloride.
  Each tablet contains 10 mg of the active ingredient.
- The other ingredients are calcium sulfate dihydrate BP, maize starch BP and talc BP (iron free).

What Bethanechol Chloride 10 mg Tablets look like and the contents of the pack

Bethanechol Chloride 10 mg Tablets are white in colour with a single score line across the tablet and the embossment “MYO10”.
Each pack contains 100 tablets.

Marketing Authorisation Holder and Manufacturer

Marketing Authorisation Holder and Manufacturer:
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