

**Package leaflet: Information for the patient**  
**Hydrocortisone 1% Cream**  
hydrocortisone acetate

**Read all of this leaflet carefully before you start using this medicine because it contains important information for you.**

This medicine is available without prescription. Always take this medicine exactly as described in this leaflet or as your pharmacist or doctor or nurse has told you.

- Please keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse.

**What is in this leaflet**

1. What Hydrocortisone 1% Cream is and what it is used for
2. What you need to know before you use Hydrocortisone 1% Cream
3. How to use Hydrocortisone 1% Cream
4. Possible side effects
5. How to store Hydrocortisone 1% Cream
6. Contents of the pack and other information

**1. What Hydrocortisone 1% Cream is and what it is used for**

Hydrocortisone 1% Cream contains the active ingredient hydrocortisone which belongs to a group of medicines called corticosteroids or 'steroids'. Steroids like hydrocortisone are applied to the skin to reduce inflammation. Hydrocortisone cream is indicated for the treatment of irritant contact dermatitis, allergic contact dermatitis, mild to moderate eczema and insect bite reactions.

Corticosteroid creams, ointments and other topical preparations come in four different potencies or strengths. These are known as mild, moderately potent, potent or very potent. Healthcare professionals will usually refer to topical corticosteroid potency rather than strength. A potent or strong corticosteroid has a much stronger effect than a mild corticosteroid when using the same amount. Be aware the percentage of active ingredient that is sometimes included on product packaging does not indicate potency. Hydrocortisone 1% Cream is classed as a mild corticosteroid. Your healthcare professional will prescribe or advise a steroid of the appropriate potency for your condition.

**2. What you need to know before you use Hydrocortisone 1% Cream**

Use this medicine only on your skin **to cover the affected area**.

Do not cover with a dressing. Do not use

- if you are allergic to hydrocortisone or any of the other ingredients of this medicine (listed in section 6) (allergic reactions include mild symptoms such as itching and/or rash. More severe symptoms include swelling of the face, lips, tongue and/or throat with difficulty in swallowing or breathing).
- on the eyes, face, anal or genital areas, on broken skin or infected skin, e.g. impetigo, cold sores, acne, athlete's foot or infected bites and stings.

- in pregnancy, breast-feeding

**Warnings and precautions:**

Contact your doctor if you experience blurred vision or other visual disturbances.

If there is a worsening of your condition during use, consult your doctor – you may be experiencing an allergic reaction, have an infection, or your condition requires a different treatment.

If you experience a recurrence of your condition, shortly after stopping treatment, within 2 weeks, do not restart using the cream without consulting your doctor or pharmacist. If your condition has resolved and on recurrence the redness extends beyond the initial treatment area and you experience a burning sensation, please seek medical advice before restarting treatment.

**3. How to use Hydrocortisone 1% Cream**For adults and children

Apply sparingly to the affected area of skin once or twice a day for a maximum of 7 days. If the condition does not improve, consult your doctor.

**Instructions for use**

- Use sparingly
- Not for use in children under 10 years unless on medical advice.
- Check that the tube seal is not broken before first use.

**4. Possible side effects**

May cause local skin reactions and blurred vision.

Steroid withdrawal reaction:

If used over prolonged periods a withdrawal reaction which might appear to be different from the previous condition, may occur in some patients during treatment or within days to weeks after stopping treatment, with some or all of the following features: redness of the skin which can extend beyond the initial area treated, a burning or stinging sensation, intense itching, peeling of the skin, oozing open sores.

**Reporting of side effects**

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store.

By reporting side effects, you can help provide more information on the safety of this medicine.

**5. How to store Hydrocortisone 1% Cream**

Keep this medicine out of the sight and reach of children.

Do not store above 25°C.

Do not use any medicine after the expiry date on the carton and tube and keep them in their original pack.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## **6. Contents of the pack and other information**

### **What Hydrocortisone 1% Cream contains**

The active ingredient is hydrocortisone acetate present at a concentration of 1%. The other inactive ingredients are: cetomacrogol emulsifying wax, liquid paraffin, white soft paraffin, chlorocresol and purified water.

### **What Hydrocortisone 1% Cream looks like and the contents of the pack**

Hydrocortisone 1% Cream is a soft, white cream, with a faint characteristic odour. It is available in a tube containing 15 g of cream.

## **Marketing Authorisation Holder and Manufacturer**

### **Marketing Authorisation Holder**

Waymade Plc,  
Sovereign House,  
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**This leaflet was last revised in: March 2026**

**PL 06464/3149**

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