



- If you develop new IBS symptoms.
- If your IBS symptoms get worse.
- If your IBS symptoms have not improved after 2 weeks.

How long to take Loperamide hydrochloride for IBS diarrhoea

You can use this medicine for up to 2 weeks for repeated attacks of IBS diarrhoea. But if any one attack lasts for longer than 48 hours, stop taking this medicine and talk to your doctor.

If anyone takes too much of this medicine

If you have taken too many tablets, immediately contact a doctor or hospital for advice. Symptoms may include: increased heart rate, irregular heartbeat, changes to your heartbeat (these symptoms can have potentially serious, life-threatening consequences), muscle stiffness, uncoordinated movements, drowsiness, difficulty urinating, or weak breathing.

Children react more strongly to large amounts of this medicine than adults. If a child takes too much or shows any of the above symptoms, call a doctor immediately.

If you forget to take the medicine

You should only take this medicine as you need it, following the dosage instructions above carefully.

If you forget to take a dose, take a dose after the next loose stool (bowel movement). Do not take a double dose.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Get medical help at once

Rare: (may affect up to 1 in 1,000 people)

- Allergic reactions including unexplained wheezing, shortness of breath, passing out or swelling of face and throat.
- Skin rashes, which may be severe and include blistering or peeling skin.
- Loss of consciousness or reduced level of consciousness (passing out, feeling faint or less alert), muscle stiffness and uncoordinated movements.
- Not known (frequency cannot be estimated from the available data): Upper abdominal pain, abdominal pain that radiates to back, tenderness when touching the abdomen, fever, rapid pulse, nausea, vomiting, which may be symptoms of inflammation of the pancreas (acute pancreatitis).

If you get any of these, **stop using the medicine and get medical help at once.**

Talk to a doctor as soon as possible

Uncommon: (may affect up to 1 in 100 people)

- Itchiness or hives.
- Stomach pain or swollen stomach.

Rare: (may affect up to 1 in 1,000 people)

- Difficulties passing water.
- Severe constipation.
- Miosis (narrowing of the pupils of the eye).
- Hypertonia (muscle tension).
- Coordination abnormality (uncoordinated movements).

If you notice any of the above, stop using the medicine and **talk to a doctor.**

Other effects that may occur

Common: (may affect up to 1 in 10 people)

- Feeling sick, constipation or wind.
- Headache.

Uncommon: (may affect up to 1 in 100 people)

- Dizziness or drowsiness.
- Vomiting, indigestion.
- Dry mouth.

Rare: (may affect up to 1 in 1,000 people)

- Tiredness.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Loperamide hydrochloride 2 mg Orodispersible Tablets

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton after EXP. The expiry date refers to the last day of that month.

Store below 25°C.

Do not throw away any medicine via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Loperamide hydrochloride 2 mg Orodispersible Tablets contain

The active substance is loperamide hydrochloride. Each orodispersible tablet contains 2 mg loperamide hydrochloride.

The other excipients are croscarmellose sodium, aspartame E951, fruit flavour (contains acacia gum E414, sugar (saccharose), maltodextrin (potato), triacetin, propylene glycol), banana flavour (contains Maize maltodextrin), magnesium stearate, mannitol.

What Loperamide hydrochloride 2 mg Orodispersible Tablets looks like and contents of the pack

Round white to off white orodispersible tablets with a diameter of approximately 7 mm

Loperamide hydrochloride 2 mg Orodispersible Tablets are available in packs of 6 and 12 orodispersible tablets.

Not all pack sizes may be marketed.

Marketing Authorisation Holder

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Manufacturer

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HEALTH EDUCATION RECOMMENDATION

Diarrhoea causes a loss of fluids and mineral salts.

This medicine treats the symptomatic treatment of acute diarrhoea in adults and children from 12 years of age, but does not dispense with rehydration, accompanied by a healthy diet.

It is therefore necessary to drink abundantly sweetened drinks (fruit juices) and salty broths to compensate for these losses. Avoid milk, green vegetables, raw vegetables, fruits and spices until the diarrhoea disappears.