and precautions').

Adults

children

and

of 16

years

and over

If you are unsure about interactions with

any other medicines, talk to your

pharmacist. This includes medicines prescribed by your doctor and medicines

you have bought yourself, including

herbal and homeopathic remedies.

Check the foil is not broken before use. If

Follow the instructions in the table below.

One to two

capsules

Swallow each capsule with water.

Do not take more than the amount

If symptoms persist talk to your doctor.

Talk to a doctor at once if you take too

much of this medicine even if you feel

paracetamol can cause delayed serious

liver damage. Go to your nearest hospital

casualty department. Take your medicine

Most people will not have problems, but

effects, stop taking the capsules. See a

If you get any of these serious side

• Difficulty in breathing, swelling of the

face, neck, tongue or throat (severe

• Very rare cases of serious skin reactions

Frequency "Not known" (frequency

cannot be estimated from the available

• A serious condition that can make blood

in patients with severe illness using

paracetamol (see 'Warnings and'

more acidic (called metabolic acidosis),

If you take too many capsules:

well. This is because too much

and this leaflet with you.

some may get some.

doctor at once:

allergic reactions).

precautions').

have been reported.

Possible side effects

recommended above

talk to your doctor

Do not give to children under 16 years.

If symptoms do not go away within 3 days

How often to take

Every 4 - 6

hours when

necessary, to

a maximum

of 4 doses in

24 hours.

How to take this medicine

it is, do not take that capsule.

Paracetamol 500ma Capsules

Read this leaflet carefully because it contains important information for you.

Information for the user

This medicine is available without prescription for you to treat minor conditions. However, you still need to take it carefully to get the best results from it

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a pharmacist or doctor if your symptoms worsen or do not improve after 3 days.

What this medicine is for

This medicine contains paracetamol, which belongs to a group of medicines called analgesics and antipyretics to relieve pain and reduce fever. It can be used to relieve headache, migraine, rheumatic or muscular pain, backache, neuralgia, toothache, period pain and the symptoms of colds and flu.

Before you take this medicine

This medicine can be taken by adults and children aged 16 years and over. However, some people should not take this medicine or should seek the advice of their pharmacist or doctor first.

Do not take:

- If you are allergic to any of the ingredients.
- If you have severe liver disease.

 Warnings and precautions
- Talk to your pharmacist or doctor:

 If you have kidney problems.
- If you have other liver problems (including a disease caused by drinking alcohol).

During treatment with paracetamol, tell your doctor straight away if:

If you have severe illnesses, including severe renal impairment or sepsis (when bacteria and their toxins circulate in the blood leading to organ damage), or you suffer from malnutrition, chronic alcoholism or if you are also taking flucloxacillin (an antibiotic). A serious

condition called metabolic acidosis (a blood and fluid abnormality) has been reported in patients in these situations when paracetamol is used at regular doses for a prolonged period or when paracetamol is taken together with flucloxacillin. Symptoms of metabolic acidosis may include: serious breathing difficulties with deep rapid breathing, drowsiness, feeling sick (nausea) and being sick (vomiting).

Pregnancy and breast-feeding

If necessary, this medicine can be used during pregnancy. You should use the lowest possible dose that reduces your pain and/or your fever and use it for the shortest time possible. Contact your doctor if the pain and/or fever are not reduced or if you need to take the medicine more often.

If you take other medicines

This medicine contains paracetamol.

Do not take anything else containing paracetamol while taking this medicine.

Before you take these capsules, make sure that you tell your pharmacist about ANY other medicines you might be using at the same time, particularly the following:

- Domperidone or metoclopramide, for feeling sick or being sick (may increase the pain relief effect of paracetamol).
- Colestyramine, for lowering blood lipid levels (may reduce the pain relief effect of paracetamol).
- Warfarin or other coumarins (for thinning the blood) – if you take warfarin you can take occasional doses of this medicine, but talk to your doctor first before you take it on a regular basis.
- Flucloxacillin (antibiotic), due to a serious risk of blood and fluid abnormality (called metabolic acidosis) that must have urgent treatment (see 'Warnings

20mm

200

These other effects are less serious, if they bother you talk to a pharmacist:

Other allergic reactions.

120

• Unusual bruising or infections such as sore throats – this may be a sign of very rare changes in the blood.

If any side effect becomes severe, or you notice any side effect not listed here, please tell your pharmacist or doctor. Reporting of side effects:

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard. By reporting side effects you can help provide more information on the safety of this medicine.

How to store this medicine

Do not store above 30°C. Store in the original package.
Keep all medicines out of the sight and reach of children, preferably in a locked cupboard.
Do not use after the Use By date on the

end flap of the carton (marked 'EXP').

What is in this medicine

Each capsule contains Paracetamol 500mg, which is the active ingredient. As well as the active ingredient, the capsules also contain sodium starch glycollate, magnesium stearate, sodium lauryl sulphate.

The capsule shell contains gelatin, indigol carmine (E132), titanium dioxide (E171). The pack contains 6, 8, 10, 12, 16, 18, 20, 24, 25, 30, or 32 capsules with a blue cap and white body (not all pack sizes may be marketed).

Who makes this medicine Marketing Authorisation Holder & Manufacturer:

Max Remedies Ltd, William Nadin Way, Swadlincote, Derbyshire, DE11 0BB.

Distributed by:The Boots Company P

The Boots Company PLC, Nottingham, NG2 3AA, UK. PL 31308/0005

Leaflet revised January 2025.

If you would like any further information about this product, please contact
The Boots Company PLC.

200