What is in this leaflet

• ... and if you notice signs of pneumonia: cough, fever, shortness of...

• ... you have cerebral malaria, yaws, loiasis or melioidosis, you have...

• ... you have psychiatric problems or you have had a...

• ... you have myasthenia gravis (a condition causing weak...

• ... you have osteoporosis (thinning of the bones), particularly if...

• ... you have psychiatric illness which was made worse by this type of...
The dosing recommendations are based on individual need and may vary from a single dose of 4 mg to a daily dose of 60 mg. Always consult with your doctor or pharmacist before taking this medication.

Dexamethasone is generally used in doses of 5 mg to 10 mg daily. This is particularly important for patients with severe asthma, chronic obstructive pulmonary disease, and other chronic conditions requiring long-term treatment. In children, the dose may be lower, and adjustments may be necessary based on age and weight.

If you take more Dexamethasone than you should, contact your doctor immediately. Taking an overdose can cause serious harm or death. If you stop taking Dexamethasone, you may experience withdrawal symptoms such as fever, muscle and joint pain, inflammation of the nose lining, and rash.

4. Possible side effects

If you experience any of the following side effects, contact your doctor immediately:

- Depression
- Loss of appetite
- Increased thirst
- Dizziness
- Seizures
- Muscle weakness
- Abnormal blood tests
- Frequent infections
- Nausea or vomiting
- Muscle cramps
- diaper rash

5. How to store Dexamethasone

Dexamethasone should be stored at room temperature of 15°C to 30°C. It should be protected from light and moisture. Do not store in the refrigerator or freezer. Do not throw away any medicines via wastewater or drainpipes. Dispose of medicines you no longer use. These measures will help prevent misuse and abuse.

6. Contents of the pack and other information

Dexamethasone 4 mg tablets are available in various pack sizes, including 10, 20, 28, 30, 50, 56, 60, 100, 10 x 1, 20 x 1, 30 x 1, 50 x 1, and 60 x 1 tablets. They are manufactured by Consilient Health (UK) Limited. Other ingredients include lactose monohydrate, pregelatinised maize starch, colloidal anhydrous silica, and hydroxypropyl cellulose.