It is usual for children to get several colds a year. As they get older, their immunity builds up and they get fewer colds. Most colds will get better within a few days and you may not need to do more than keep your child comfortable until they get over it.

Fever:
If they are feverish, give them plenty of fluids to drink. Their temperature may be lowered with a suitable medicine which has doses for children. For further advice, talk to your healthcare professional.

Coughs:
Although it can be distressing to hear your child cough, in fact this helps to clear phlegm from the chest and mucus from the nose. Give your child plenty of warm clear fluids.

Read all of this leaflet carefully because it contains important information for you.

This medicine is available without a prescription. However, you still need to use Otrivine Child Nasal Drops carefully to get the best results from it.

Before using the drops tell your doctor if your child:
- has heart or circulatory disease
- is taking any other medicine or is under doctor’s care
- has had recent neurosurgery or nasal surgery
- has heart disease or hypertension
- has diabetes
- has hyperthyroidism (overactive thyroid gland)
- has closed angle glaucoma
- has phaeochromocytoma (a tumour of the nerves associated with the hormone glands)
- is taking monoamine oxidase inhibitors (MAOIs) or has stopped taking them in the last 14 days
- is taking betablockers

Take special care
Before using the drops tell your doctor if your child:
- is allergic to xylometazoline hydrochloride or any of the other ingredients in the drops (see Section 6)
- has an inflamed nasal passage
- is allergic to other decongestants
- has had recent neurosurgery or nasal surgery
- has heart disease or hypertension
- has diabetes
- has hyperthyroidism (overactive thyroid gland)
- has closed angle glaucoma
- has phaeochromocytoma (a tumour of the nerves associated with the hormone glands)
- is taking monoamine oxidase inhibitors (MAOIs) or has stopped taking them in the last 14 days
- is taking betablockers

Do not take Otrivine Child Nasal Drops for more than 5 days in a row. Keep away from the eyes.

Using other medicines
Do not use these drops if your child is using other decongestants. Please tell your doctor or pharmacist if your child is taking or has recently taken any medicines (especially antidepressants, monoamine oxidase inhibitors, sedatives or sleep inducers) orcodegenics (such as antihistamines, antibiotics, anti-inflammatory agents, bronchodilators, cough suppressants, decongestants, dietary supplements or weight loss remedies) or products obtained without a prescription.

Pregnancy or breast-feeding
If you are pregnant or breast-feeding, consult your doctor before using Otrivine.

Ask your doctor or pharmacist for advice before taking any medicine.
Do not use in children under 6 years of age.

Administration:
1. Practise using the dropper to develop good dosage control
2. Clear and wipe your child’s nose
3. Tilt your child’s head right back (see diagram)
4. Apply drops to each nostril as per dosage instructions.

Parents or carers should seek medical attention if the child’s condition worsens.

To avoid possible spread of infection, this pack should only be used by one person.

For reasons of hygiene do not use this bottle for more than 28 days after opening it.

Do not exceed the recommended dosage. Do not take with any other cough and cold medicines.

If you use more Otrivine Child Nasal Drops than you should, consult your doctor or pharmacist.

4. POSSIBLE SIDE EFFECTS

Like all medicines, Otrivine Child Nasal Drops can cause side effects, although not everybody gets them.

Local discomfort may be felt after applying the drops if you have sensitive nasal passages.

If your child experiences hallucinations, restlessness or sleep disturbances stop using Otrivine Child Nasal Drops.

Occasionally the following side effects have been reported:
- A burning sensation in the nose and throat
- Local irritation
- Nausea
- Headache
- Dryness of the nasal membranes.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

5. HOW TO STORE OTRIVINE CHILD NASAL DROPS

Keep this medicine out of the sight and reach of children.

Do not use after the expiry date which is stated on the bottle after “Expiry”. The expiry date refers to the last day of that month.

Protect from heat.

Do not use this bottle for more than 28 days after opening it.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. FURTHER INFORMATION

What Otrivine Child Nasal Drops contain

The active ingredient is xylometazoline hydrochloride (0.05% w/v).

The other ingredients are sodium chloride, sodium phosphate, sodium acid phosphate, disodium edetate, benzalkonium chloride, sorbitol, hypromellose and water.

What Otrivine Child Nasal Drops look like and the contents of the pack

Otrivine Child Nasal Drops are a clear, colourless aqueous solution packed in 10 ml bottles.

Marketing Authorisation Holder

GlaxoSmithKline Consumer Healthcare (UK) Trading Limited, Brentford, TW8 9GS, U.K.

Manufacturer

GlaxoSmithKline Consumer Healthcare (UK) Trading Limited, Brentford, TW8 9GS, U.K.

This leaflet was last revised in January 2016

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