Potaba 3 g Powder Sachets
Potassium para-aminobenzoate
(Referred to as Potaba in the remainder of the leaflet)

- Read all of this leaflet carefully before you start taking this medicine.
  - Keep this leaflet. You may need to read it again.
  - If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:
1. What Potaba is and what it is used for
2. Before you take Potaba
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4. Possible side effects
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1. WHAT POTABA IS AND WHAT IT IS USED FOR

The active ingredient in Potaba is potassium para-aminobenzoate. It is used in the treatment of Peyronie's disease (the growth of fibrous plaques in the soft tissue of the penis) and scleroderma (excessive deposits of collagen in the skin or other organs).

Potaba is an antifibrosis agent. The drug acts by increasing oxygen uptake at the tissue level.

2. BEFORE YOU TAKE POTABA

Potaba is not recommended for children

Do not take Potaba if you:
• are allergic to potassium para-aminobenzoate
• are taking sulphonamides, e.g. trimethoprim, trimaxole or sulphadimidine
• have severe liver damage.

Take special care with Potaba if you:
• have problems with your kidney function. Your condition will need to be carefully monitored by your doctor to ensure you do not become over-sensitive to the medication, in which case treatment with Potaba will be stopped. Symptoms of this include fever, rash and tiredness
• have a known liver disorder or disease.

If any of the above points apply to you, speak to your doctor or pharmacist before taking Potaba.

Using other medicines

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including those obtained without a prescription.

Please check with your doctor if you are taking any of the following before taking Potaba as it can stop these medicines from working:
• medicines known as sulphonamides, e.g. trimethoprim, trimaxole or sulphadimidine.

Taking Potaba with food and drink

Always take Potaba with food, dissolving the powder in fruit juice. If you do not, there is a risk that you may feel slightly sick. If, for any reason, you are not eating, or are just eating very small amounts, it is advisable that you interrupt treatment with Potaba until you start eating normally again. It is possible that if you do not interrupt treatment the levels of sugar in your blood may become too low and you may feel unwell.

In the elderly, the hypoglycaemia that may occur during periods of low food intake may be more difficult to recognise and may cause more neurological symptoms.

Pregnancy and breast feeding

You should not take Potaba if you are pregnant or are trying to become pregnant without first discussing this with your doctor.

Do not take Potaba if you are breast feeding without talking to your doctor first. Ask your doctor or pharmacist for advice before taking any medicine.
Driving and using machines
Potaba should not affect your ability to drive or operate machinery. However, if you feel confused, sleepy or weak whilst taking your medicine do not drive or operate machinery until these symptoms have gone.

3. HOW TO TAKE POTABA
Always take Potaba exactly as your doctor has told you. Ask your doctor or pharmacist if you are not sure.

Not recommended for use in children.
- The powder should be dissolved in fruit juice, to make it more pleasant to take, and drunk during meal times.
- The recommended dosage is 12 g a day. This is the equivalent of 4 sachets a day.
- The dosage should be spread throughout the day as evenly as possible, to maintain the level of medicine in your system, making sure you swallow the medicine with food.
- Potaba should be taken for as long as your doctor has recommended.

Information for patients with liver problems
If you have liver disorder or disease your doctor may want to carry out regular tests on your liver function.

If you take more Potaba than you should
If you take too much Potaba, or somebody else accidentally swallows Potaba, contact your doctor or the nearest hospital casualty department immediately. Treatment for overdose will depend on the symptoms that are shown.

If you forget to take Potaba
If you miss a dose, wait until the next time you should take Potaba and take this dose as normal. Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. POSSIBLE SIDE EFFECTS
Like all medicines Potaba can cause side effects, although not everybody gets them. Low levels of blood sugar (hypoglycemia) can occur if treatment with Potaba is continued during periods of low food intake. Symptoms include hunger, shaking, feeling nervous, anxious or confused, sweating, dizziness or feeling light-headed, sleepiness, difficulty speaking or weakness.
Rarely people taking Potaba have experienced changes in the way the liver works, shown by blood tests. If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

5. HOW TO STORE POTABA
Keep out of the reach and sight of children
- Do not use Potaba after the expiry date which is stated on the carton. The expiry date refers to the last day of that month.
- Do not store above 25 °C.
- Store in the original packaging.
Medicines should not be disposed of via waste water or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. FURTHER INFORMATION
What Potaba contains
The active ingredient in Potaba is potassium para-aminobenzoate. Each sachet contains 3 g of the active ingredient.
There are no other ingredients contained in the sachet.

What Potaba looks like and the contents of the pack
Potaba is a powder contained within a foil laminate sachet. Each pack contains 40 sachets.

Marketing Authorisation Holder and Manufacturer
Marketing Authorisation Holder: Glenwood GmbH, Riedener Weg 23, 82319 Starnberg, Germany.
Manufacturer: CustomPack, Halesfield 14, Telford, TF7 4QR, UK.
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