1 What the medicine is for

IMODIUM® Instants are used to treat two types of diarrhoea. The two types have different age limits.

Short-term diarrhoea
- For adults and children aged 12 and over.
- If you attach that last up to 48 hours.
- If your attack lasts longer than 48 hours, talk to your doctor.

IBS diarrhoea
- For adults and young people aged 18 and over who have been diagnosed with IBS (Irritable Bowel Syndrome).
- If your attack lasts up to 48 hours.
- You can use this medicine for up to 2 weeks for repeated attacks, but if any one attack lasts continuously for longer than 48 hours, talk to your doctor.

2 Before taking this medicine

Warnings for everyone
This medicine is suitable for most people, but a few people should not use it.

Do not take this medicine:
- If you have ever had a bad reaction to any of the ingredients.
- If it is for a child aged under 12 (or under 18 for an IBS patient).
- If you have severe diarrhoea after taking antibiotics.
- If you have a history of a child with an inflammatory bowel condition or ulcerative colitis.
- If you are on chemotherapy, or your stomach appears swollen (especially in children with severe dehydration).
- If you have acute dysentery, the symptoms of which may include blood in your stools and a high temperature.
- If any of these applies to you, talk to a doctor or pharmacist and do not take IMODIUM®.

Talk to your doctor first:
- If you have AIDS and your stomach becomes swollen, and taking the tablets could possibly and contact your doctor.
- If you have diarrhoea that lasts for more than 48 hours.
- If you have severe diarrhoea so your body loses more fluid, sugars and salts than normal.
- If you are taking any other medicines, including:
  - a diuretic (used to treat blood)
  - a diuretic (used to treat abnormal heart rhythm or arrhythmia).
3 How to take this medicine

Check the tables below to see how much medicine to take.

Children react more strongly to large amounts of Imodium® than adults. If a child takes too much or shows any of the above symptoms, call a doctor immediately.

If you forget to take the medicine

You should only take this medicine as you need it, following the dosage instructions above carefully.

If you forget to take a dose, take a dose after the next loose stool (bowel movement). Do not take extra to make up the dose you missed.

How long to take IMODIUM® for short-term diarrhoea

You can use this medicine for up to 48 hours.

If your attack lasts longer than 48 hours, stop taking IMODIUM® and talk to your doctor.

If anyone takes too much of this medicine

If you have taken too many Imodium® tablets, immediately contact a doctor or hospital for advice. Symptoms may include: increased heart rate, agitation, heart failure, changes to your breathing (these symptoms can have potentially serious, life-threatening consequences), muscle stiffness, uncoordinated movements, drowsiness, difficulty urinating, or weak breathing.

You can use this medicine for up to 3 weeks for repeated attacks of IBS diarrhoea. But if only one attack lasts for longer than 48 hours, stop taking IMODIUM® and talk to your doctor.

How to take IMODIUM® for IBS diarrhoea

You can use this medicine for up to 12 weeks for IBS diarrhoea.

If you develop new IBS symptoms.

If you have taken too many Imodium® tablets, immediately contact a doctor or hospital for advice. Symptoms may include: increased heart rate, agitation, heart failure, changes to your breathing (these symptoms can have potentially serious, life-threatening consequences), muscle stiffness, uncoordinated movements, drowsiness, difficulty urinating, or weak breathing.

3. How to take this medicine

Check the tables below to see how much medicine to take.

- Peal back the lid and tip the tablet out. Do not push the tablets through the lid.
- Place the correct number of tablets on the tongue. The tablets disintegrate quickly in your mouth, so you don’t need water to swallow them. Do not chew. For oral use only.
- Do not use more than the dose shown in the tables.
- The tablets are not for long-term treatment.

Short-term diarrhoea

<table>
<thead>
<tr>
<th>Age</th>
<th>Dose</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adults</td>
<td>Take two tablets to start treatment</td>
</tr>
<tr>
<td>Adults aged 18 and over</td>
<td>Take one tablet after each loose bowel movement (or as advised by your doctor)</td>
</tr>
<tr>
<td>Children aged 12 and over</td>
<td>Take one tablet after each loose bowel movement</td>
</tr>
</tbody>
</table>

- Do not take for any one attack lasting longer than 48 hours.
- Do not take more than six tablets in a 24-hour period.
- Replace lost fluid by drinking more liquid than usual.
- Not for children aged under 12.

IBS diarrhoea

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- You can use this medicine for up to 3 weeks for repeated attacks, but do not take for any one attack lasting longer than 48 hours.
- Do not take more than six tablets in a 24-hour period.
- Replace lost fluid by drinking more liquid than usual.
- Not for children aged under 12.

4 Possible side-effects

IMODIUM® can have side-effects, like all medicines, although these don’t affect everyone and most are usually mild.

Get medical help at once

Rare: (affects less than 1 in 1,000 but 1 or more in 10,000 people)

- Allergic reactions including unexplained wheezing, shortness of breath, passing out or swelling of face and throat.
- Skin rashes, which may be severe and include blistering or peeling skin.
- Loss of consciousness or reduced level of consciousness (passing out, feeling faint or less alert), uncoordinated movements.

If you get any of these, stop using the medicine and get medical help at once.

Talk to a doctor as soon as possible

Uncommon: (affects less than 1 in 100 but 1 or more in 1,000 people)

- Itchiness or hives.
- Stomach pain or swallowing discomfort.

If you get any side-effects, talk to your doctor, pharmacist or nurse. This includes any possible side-effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard. By reporting side effects you can help provide more information on the safety of this medicine.

5 Storing this medicine

Keep the product out of the sight and reach of children. Store in the original package.

Do not use your medicine after the date shown as the expiry date on the packaging.

Further information

What’s in this medicine

The active ingredient in IMODIUM® Instant is: Loperamide hydrochloride 2 mg per tablet.

Other ingredients are: Gelatin, mannitol, aspartame, mint flavour and sodium hydrogen carbonates.

What the medicine looks like

IMODIUM® Instant is in the form of white, orodispersible (dissolve in the mouth) tablets available in packs of 6 and 12.

Product Licence holder: McNeil Products Ltd, Maidenhead, Berkshire, SL6 3LU, UK.

Manufacturer: Janssen-Cilag, Domaine de Maigremont, 27100 Val-de-Reuil, France.

This leaflet was revised April 2017.

IMODIUM® is a registered trade mark.