Read all of this leaflet carefully before you start taking your medicine and show it to anyone else who might be taking it.

If you still have any questions or problems, talk to your doctor or pharmacist.

This medicine has been prescribed for you by your doctor. If you have any doubts about whether you should take it, talk to your doctor or pharmacist.

What is in this leaflet

1. What Indipam XL 1.5mg Prolonged-Release Tablets are and what they are used for

Indipam XL 1.5mg Prolonged-Release Tablets contain the active substance indapamide, which belongs to a group of medicines called ‘diuretics’ (or ‘water pills’). Diuretics promote the removal of some body water (dehydration). Adequate fluid intake is essential.

2. Why you need to know before you take Indipam XL 1.5mg Prolonged-Release Tablets

Do not take Indipam XL 1.5mg Prolonged-Release Tablets if you:

• are allergic to any medicines
• have low levels of potassium in your blood

Warnings and precautions

Talk to your doctor or pharmacist before taking Indipam XL 1.5mg Prolonged-Release Tablets if you:

• are pregnant or expect to become pregnant.
• are breastfeeding. Breastfeeding is not advisable if you take indapamide.
• are planning to have a baby, ask your doctor if you can or cannot.
• have diabetes.
• have liver problems.
• have certain mental disorders
• have high blood pressure.

Common side effects

• may raise the level of your blood glucose.
• may lower the level of your blood potassium.
• may cause the level of your blood sodium to rise.
• may affect your ability to concentrate and may affect your driving and the use of machines.

Other medicines and Indipam XL 1.5mg Prolonged-Release Tablets

Tell your doctor or pharmacist if you are taking or have been taking any other medicines, including those you bought without a prescription (over-the-counter medicines).

Combination treatment

A combination of medicines is sometimes used when a single medicine does not adequately control your blood pressure.

Combination prescribing precautions

A combination of medicines should be used with care and under medical supervision.

• Medicines used in the treatment of certain heart rhythm disorders such as Quinidine, Hydroquinidine, Aspirin, Ibuprofen, Furosemide, Piretanide, Bumetanide, Furosemide or Flumethasone (used for treatment of abnormalities of heart rhythm (a type of arrhythmia) in the heart muscle which can occur as a complication of liver problems).

• Medicines used in the treatment of acute kidney failure, use of potassium-sparing diuretics (sometimes called potassium-sparing diuretics or potassium-sparing diuretics) in heart failure and some heart rhythm disorders (used in the diagnosis of some illness and treatment of abnormalities of heart rhythm (a type of arrhythmia)).

• Medicines containing salicylates (used in the treatment of various conditions)

• Medicines containing caffeine (used in the treatment of various conditions)

• Certain medicines that cause constipation (such as Senna, Dicyclomine, Calcium carbonate, Loperamide, Codeine, Senna, Lactulose, Xipamide, Furosemide, Piretanide, Bumetanide, Frusemide, Piretanide and Xipamide).

• Anti-diarrhoeal medicines used to treat mental disorders

• Medicines containing calcium (used in the diagnosis of some illness and treatment of abnormalities of heart rhythm (a type of arrhythmia)).

• Medicines containing salicylates (used in the treatment of various conditions)

• Medicines containing caffeine (used in the treatment of various conditions)

• Certain medicines that cause constipation (such as Senna, Dicyclomine, Calcium carbonate, Loperamide, Codeine, Senna, Lactulose, Xipamide, Furosemide, Piretanide, Bumetanide, Frusemide, Piretanide and Xipamide).
Indapamide is a medication used to treat high blood pressure. It is available as Indipam XL 1.5mg Prolonged-Release Tablets.

**Possible side effects**
- Common (may affect up to 1 in 10 people):
  - Allergic reactions in people who tend to have allergic reactions
  - Reduced (or increased) production of urine

- Uncommon (may affect up to 1 in 100 people):
  - Swelling
  - Allergic reaction in people who tend to have allergic reactions

- Rare (may affect up to 1 in 1,000 people):
  - Diarrhoea
  - Headache
  - Fat and muscle breakdown

- Very rare (may affect up to 1 in 10,000 people):
  - Blood clots or clots on the brain

**How to stop Indipam XL 1.5mg Prolonged-Release Tablets**
If you forget to take Indipam XL 1.5mg Prolonged-Release Tablets:
- Do not double the dose to make up for a missed dose.
- Do not increase the dose.
- Do not take additional tablets at any other time during the day.

**What Indipam XL 1.5mg Prolonged-Release Tablets look like and contents of the pack**
- Indipam XL 1.5mg Prolonged-Release Tablets are white to off white, round, biconvex prolonged-release, film-coated tablets.

**Side effects**
- Common side effects include:
  - Headache
  - Diarrhoea
  - Neck pain
- Rare side effects include:
  - Bone pain
  - Difficulty swallowing
- Very rare side effects include:
  - Blood clots on the brain

**Reporting side effects**
If you or any family members, friends or relatives experience any side effects, whether mild or severe, you should contact your doctor or pharmacist. If you need to report side effects to the authorities, contact the Yellow Card Scheme at:

- **UK:** 01908 659 663 or www.mhra.gov.uk/yellowcard.
- **NHS Scotland:** NHS Scotland Yellow Card Scheme, 23 Haddington Road, Edinburgh EH11 1QH.

**Before you stop taking Indipam XL 1.5mg Prolonged-Release Tablets**
If you stop taking Indipam XL 1.5mg Prolonged-Release Tablets:
- Your blood pressure may increase again.
- You may feel dizzy when you get up from sitting or lying down.

**What to do in case of overdose**
- Indipam XL 1.5mg Prolonged-Release Tablets are not believed to be harmful in overdose, even in large doses.

**Contains the pack and other information**
- Each Indipam XL 1.5mg Prolonged-Release Tablets contain:
  - 1.5mg Indapamide (as Indapamide sulphate).

**Marketing Authorisation Holder**
Actavis Group PTC ehf, 3 Samokovsko Shosse Str., 3707 Samokov, Bulgaria

**Manufacturer**
Actavis Pharma Bulgaria AD 3 Samokovsko Shosse Str., 3707 Samokov, Bulgaria

**Legal Basis**

**Product last revised in**
October 2015