

**Package Leaflet: Information for the user**  
**STREPSILS Sore Throat and Blocked Nose Lozenges**  
**2,4-Dichlorobenzyl alcohol**  
**Amylmetacresol**  
**Levomenthol**

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

This medicine is available without prescription. However, you still need to take Strepils Sore Throat and Blocked Nose Lozenges carefully to get the best results from it. Strepils Sore Throat and Blocked Nose Lozenges will be referred to as this medicine throughout this leaflet.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse after 3 days.

In this leaflet:

1. What this medicine is and what it is used for
2. What you need to know before you take this medicine
3. How to take this medicine
4. Possible side effects
5. How to store this medicine
6. Contents of the pack and other information

1. What this medicine is and what it is used for

This medicine contains two antiseptic ingredients for use in throat medications. These are used for the symptomatic relief of mouth and throat infections. These ingredients are both mild antiseptics which kill the bacteria associated with mouth and throat infections. The action of sucking the lozenge allows the active ingredients to work in the area of the discomfort and also helps lubricate and soothe the painful area. This helps relieve the soreness and discomfort of mouth and throat infections. This medicine also contains menthol. This has a mild local anaesthetic action and relieves the symptoms of nasal congestion.

2. What you need to know before you take this medicine

This medicine is recommended for adults, children (over 6 years old) and the elderly. Children under 6 years old should not use this medicine.

Do not take this medicine if you:

- are allergic (hypersensitive) to 2,4-dichlorobenzyl alcohol, amylmetacresol, Levomenthol or any of the other ingredients shown in Section 6 – Further Information
- are under 6 years old.

**Warnings and precautions**

**Tell your doctor or pharmacist if you:**

- are taking or have recently taken any other medicines, including medicines obtained without a prescription.
- suffer or are suffering from any other throat problems

**Pregnancy and breast-feeding**

Check with your pharmacist or your doctor before taking this product if you think you are pregnant, are pregnant or are breastfeeding.

Ask your doctor or pharmacist for advice before taking any medicine.

**Important information about some of the ingredients in this product**

- This medicine contains sucrose (1.496g per lozenge) and glucose (1.013g per lozenge). This should be taken into account in patients with diabetes mellitus. If you have been told by your doctor that you have an intolerance to some sugars contact your doctor before taking this medicinal product.
- This medicine contains only very low levels of gluten (from wheat starch). It is regarded as 'gluten-free' and is very unlikely to cause problems if you have coeliac disease. One lozenge contains no more than 20.26 micrograms of gluten. If you have wheat allergy (different from coeliac disease) you should not take this medicine.
- This medicine contains less than 1 mmol sodium (23 mg) per dose, that is to say essentially 'sodium-free'.
- This medicine contains Sulphites – Sulphur Dioxide (E220) (present in liquid glucose) which may rarely

cause hypersensitivity reactions and bronchospasm.

- This medicine contains fragrance with d-limonene, d-limonene may cause allergic reactions.

**3. How to take this medicine**

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist have told you. Check with your doctor or pharmacist if you are not sure.

This medicine is for short term use only. You should take the lowest dose for the shortest time necessary to relieve your symptoms.

Adults, Children (over 6 years old) and the elderly – One lozenge to be dissolved slowly in the mouth

every 2 – 3 hours up to a maximum of 12 lozenges in 24 hours

Remove one lozenge from the foil blister packaging.

Replace the foil blister back into the cardboard carton.

Place lozenge into the mouth allowing it to dissolve slowly.

Dissolve one lozenge slowly in the mouth every 2 – 3 hours.

It is not recommended that children under 6 years use this medicine.

Remember that young children can choke on lozenges.

If symptoms persist, have not improved, or have worsened after 3 days, consult a doctor or pharmacist.

**If you take more of this medicine than you should**

You may experience stomach discomfort

Do not take any more of this medicine and consult your doctor or pharmacist.

**If you forget to take this medicine**

Do not take a double dose to make up for a forgotten lozenge. Continue to use this medicine normally.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

**4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

If you experience any hypersensitivity to this medicine i.e. itching, burning sensation and/or discomfort of the mouth, difficulty in breathing, swelling of the face, neck, tongue or throat and rash (severe allergic reactions) stop taking this medicine and consult your doctor or pharmacist. If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

**Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

**5. How to store this medicine**

Keep out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton after EXP. The expiry date refers to the last day of that month and the year.

Do not store above 25°C. Medicines should not be disposed of via wastewater or household waste.

Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**6. Contents of the pack and other information**

**What this medicine contains**

The active substances are: 2,4-Dichlorobenzyl alcohol 1.2mg, Amylmetacresol 0.6mg and Levomenthol 8.0mg

The other ingredients are: Liquid sucrose, Liquid glucose (containing Wheat Starch (containing Gluten) and Sulphites – Sulphur Dioxide (E220)), Tartaric acid, Eucalyptus oil (containing d-Limonene), Indigo carmine (E132).

**What this medicine looks like**

A blue circular lozenge.

**Marketing Authorisation Holder:**

Reckitt Benckiser Healthcare (UK) Limited, Slough, SL1 3UH

**Manufacturers:**

Reckitt Benckiser Healthcare International Limited, Thane road, Nottingham, NG90 2DB, UK.

RB NL Brands B.V., WTC Schiphol Airport, Schiphol Boulevard 207, 1118 BH Schiphol, NL.

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Pharmacode Reads This Way

Last Bar

First Bar



72.5mm  
from first  
bar to bottom  
of leaflet