Package leaflet: Information for the user

### Praluent® 75 mg solution for injection in a pre-filled pen

Praluent® 150 mg solution for injection in a pre-filled pen

# Praluent® 300 mg

solution for injection in a pre-filled pen

alirocumah

### Is this leaflet hard to see or read? Phone 0800 035 2525 for help

sanofi

#### Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor, pharmacist or nurse.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.

#### What is in this leaflet

- 1. What Praluent is and what it is used for
- 2. What you need to know before you use Praluent
- 3. How to use Praluent
- 4. Possible side effects
- 5 How to store Praluent

6. Contents of the pack and other information

#### 1. What Praluent is and what it is used for

#### **What Praluent is**

- Praluent contains the active substance alirocumab.
- Praluent is a monoclonal antibody (a type of specialised protein designed to attach to a target substance in the body). Monoclonal antibodies are proteins that recognise and bind to other unique proteins. Alirocumab binds to PCSK9.

#### **How Praluent works**

Praluent helps lower your levels of "bad" cholesterol (also called "LDL cholesterol"). Praluent blocks a protein called PCSK9.

- PCSK9 is a protein secreted by liver cells.
- "Bad" cholesterol is normally removed from your blood by binding to specific "receptors" (docking stations) in your liver.
- PCSK9 lowers the number of these receptors in the liver – this causes your "bad" cholesterol to be higher than it should.
- By blocking PCSK9, Praluent increases the number of receptors available to help remove the "bad" cholesterol – this lowers your "bad" cholesterol levels.

#### What Praluent is used for

· Adults with high cholesterol levels in their blood (hypercholesterolaemia [heterozygous familial and non-familial] or mixed dyslipidaemia) and children and adolescents 8 years of age and older with heterozygous familial hypercholesterolaemia (HeFH).

• Adults with high cholesterol levels in their blood and with cardiovascular disease to reduce cardiovascular risk.

#### It is given:

- together with a statin (a commonly used medicine that treats high cholesterol) or other cholesterol lowering medicines, if the maximum dose of a statin does not lower levels of cholesterol sufficiently or,
- alone or together with other cholesterol lowering medicines when statins are not tolerated or cannot be used.

Continue to follow your cholesterol-lowering diet while taking this medicine.

## 2. What you need to know before you use

#### Do not use Praluent

• if you are allergic to alirocumab or any of the other ingredients of this medicine (listed in section 6).

#### **Warnings and precautions**

Talk to your doctor, pharmacist or nurse before using Praluent.

If you develop a serious allergic reaction, stop using Praluent, talk to your doctor right away. Sometimes serious allergic reactions such as hypersensitivity, including angioedema (difficulties breathing, or swelling of the face, lips, throat or tongue), nummular eczema (reddish skin spots sometimes with blisters), and hypersensitivity vasculitis (which is a specific form of a hypersensitivity reaction with symptoms such as diarrhoea, with a rash, or purple-coloured skin spots on the skin) have occurred. For allergic reactions that may occur while taking Praluent, see section 4.

Tell your doctor if you have kidney or liver disease before using this medicine, because Praluent has been studied in few patients with severe kidney disease and not in patients with severe liver

#### **Children and adolescents**

Praluent should not be given to children under 8 years old because there is no experience using the medicine in this age group.

#### **Other medicines and Praluent**

Tell your doctor, pharmacist or nurse if you are using, have recently used or might use any other

#### Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before using this medicine.

Praluent is not recommended during pregnancy or breast-feeding.

#### **Driving and using machines**

This medicine is not expected to have any effect on your ability to drive or use machines.

### 3. How to use Praluent

Always use this medicine exactly as your doctor, pharmacist or nurse has told you. Check with your doctor, pharmacist or nurse if you are not sure.

#### **How much to inject**

Your doctor will tell you which dose is right for you and how often to inject (75 mg or 150 mg once every 2 weeks, or 300 mg once every 4 weeks/monthly). Your doctor will check your cholesterol levels

and may adjust the dose (up or down) during

Always check the label of your pen to make sure you have the right medicine and the right strength.

#### When to inject

Adults

Inject Praluent once every 2 weeks (for the 75 mg or 150 mg dose), or once every 4 weeks/monthly (for the 300 mg dose). To give the 300 mg dose, one 300 mg injection or two 150 mg injections should be given in a row at two different injection

Children and adolescents 8 years of age and older

Inject Praluent once every 2 weeks (for the 75 mg or 150 mg dose), or once every 4 weeks/monthly (for the 150 mg or 300 mg dose).

In adolescents 12 years of age and older, Praluent should be given by or under the supervision of an

In children less than 12 years of age, Praluent must be given by a caregiver.

#### Before you inject

Praluent should be allowed to warm to room temperature prior to use. Read the detailed instructions for use leaflet before you inject Praluent.

#### Where to inject

where to inject.

Praluent is injected under your skin into the thigh abdomen or upper arm. Read the detailed instructions for use leaflet on

Learning how to use the pre-filled pen

Before you use the pen for the first time, your doctor, pharmacist or nurse will show you how to iniect Praluent

- Always read the "Instructions for Use" provided in the box.
- Always use the pen as described in the "Instructions for Use".

#### If you use more Praluent than you should

If you use more Praluent than you should, talk to your doctor, pharmacist or nurse.

#### If you forget to use Praluent

If you miss a dose of Praluent, inject your missed dose as soon as you can. Then take your next dose at your regular scheduled time. This will keep you on the original schedule. If you are not sure when to inject Praluent, call your doctor, pharmacist or

#### If you stop using Praluent

Do not stop using Praluent without talking with your doctor. If you stop using Praluent, your cholesterol levels can increase.

If you have any further questions on the use of this medicine, ask your doctor, pharmacist or nurse.

#### 4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

If you develop a serious allergic reaction, stop using Praluent, talk to your doctor right away. Sometimes serious allergic reactions such as hypersensitivity (difficulties breathing), nummular eczema (reddish skin spots sometimes with blisters), and hypersensitivity vasculitis (which is a specific form of a hypersensitivity reaction with symptoms such as diarrhoea, with a rash,

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or purple-coloured skin spots on the skin) have occurred (may affect up to 1 in 1,000 people).

#### Other side effects are:

**Common** (may affect up to 1 in 10 people)

- redness, itching, swelling, pain/tenderness where the medicine was injected (local injection site reactions)
- upper respiratory tract signs or symptoms such as sore throat, running nose, sneezing
- itching (pruritus).

**Rare** (may affect up to 1 in 1,000 people)

red and itchy raised bumps or hives (urticaria)

The following side effects have been reported since the marketing of Praluent, but how often they occur is not known:

- flu-like illness
- difficulties breathing, or swelling of the face, lips, throat or tongue (angioedema)

#### **Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store.

By reporting side effects you can help provide more information on the safety of this medicine.

#### 5. How to store Praluent

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the label and carton after EXP. The expiry date refers to the last day of that month.

Store in a refrigerator (2 °C to 8 °C). Do not freeze. Keep the pen in the outer carton in order to protect from light.

If needed, individual pre-filled pens may be kept outside the refrigerator below 25 °C for a maximum of 30 days. Protect from light. After removal from the refrigerator, Praluent must be used within 30 days or discarded.

Do not use this medicine if it looks discoloured or cloudy, or if it contains visible flakes or particles.

After use put the pen into a puncture-resistant container. Ask your doctor, pharmacist or nurse how to throw away the container. Do not recycle the container.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

#### 6. Contents of the pack and other information

#### **What Praluent contains**

• The active substance is alirocumab.

Praluent 75 mg solution for injection in pre-filled pen Each pre-filled pen contains 75 milligrams of alirocumab.

Praluent 150 mg solution for injection in pre-filled pen Each pre-filled pen contains 150 milligrams of alirocumab.

Praluent 300 mg solution for injection in pre-filled pen Each pre-filled pen contains 300 milligrams of alirocumab.

• The other ingredients are histidine, sucrose, polysorbate 20 and water for injections.

# What Praluent looks like and contents of the

Praluent is a clear, colourless to pale yellow solution for injection that comes in a pre-filled

Praluent 75 mg solution for injection in pre-filled pen

Each pre-filled pen with green button contains 1 ml of solution, delivering one single dose of 75 milligrams of alirocumab

It is available in pack size of 1, 2 or 6 pre-filled

Each pre-filled pen without activation button contains 1 ml of solution, delivering one single dose of 75 milligrams.

It is available in pack size of 1, 2 or 6 pre-filled

Praluent 150 mg solution for injection

pens without activation button.

in pre-filled pen Each pre-filled pen with grey button contains 1 ml of solution, delivering one single dose of 150 milligrams of alirocumab. It is available in pack size of 1, 2 or 6 pre-filled

Each pre-filled pen without activation button contains 1 ml of solution, delivering one single dose of 150 milligrams.

It is available in pack size of 1, 2 or 6 pre-filled pens without activation button.

Praluent 300 mg solution for injection in pre-filled pen

without activation button.

Each pre-filled pen without activation button contains 2 ml of solution, delivering one single dose of 300 milligrams.

It is available in pack size of 1 or 3 pre-filled pens

Not all presentations and pack sizes may be marketed.

#### **Marketing Authorisation Holder and** Manufacturer

**Marketing Authorisation Holder** 

410 Thames Valley Park Drive Reading Berkshire

Tel: 0800 035 2525

RG6 1PT

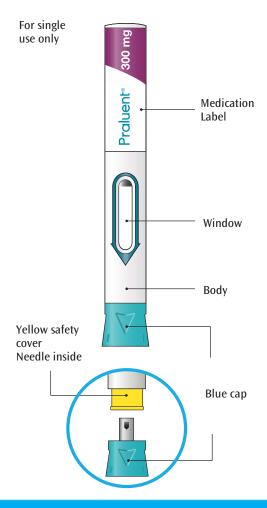
Email: uk-medicalinformation@sanofi.com

Manufacturer Sanofi-Aventis Deutschland GmbH **Industriepark Hoechst** Brüningstraße 50 65926 Frankfurt am Main Germany

This leaflet does not contain all the information about your medicine. If you have any questions or are not sure about anything, ask your doctor or pharmacist.

This leaflet was last revised in August 2023

The parts of the Praluent pen are shown in this



### **Important information**

- The medicine is injected under your skin and can be given by yourself or someone else (caregiver).
- It is important that you do not try to give yourself or someone else the injection unless you have received training from your healthcare provider.
- This pen can only be used for one single injection and must be thrown away after

✓ Keep the Praluent pen out of the sight and reach of children.

Do

- ✓ Read all of the instructions carefully before using the Praluent pen.
- ✓ Follow these instructions every time you use a Praluent pen.
- Do not touch the yellow safety cover.
- X Do not use the pen if it has been dropped or damaged.
- X Do not use the pen if the blue cap is missing or not securely attached.
- Do not re-use a pen.

Do not

- Do not shake the pen.
- Do not freeze the pen.
- Do not expose the pen to extreme heat.
- Do not expose the pen to direct sunlight.

Keep this leaflet. If you have questions, ask your doctor, pharmacist or nurse or call the Sanofi number on the package leaflet.

# **STEP A: Getting ready for an injection**

Before you start you will need:

• the Praluent pen • alcohol wipes • cotton ball or gauze • a puncture-resistant container (see Step B7)



Look at the label on the pen.

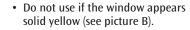
- · Check that you have the correct product and the correct dose.
- Check the expiration date: do not use if this date has passed
- Do not use the Praluent pen if it has been dropped on a hard surface or damaged.





Look at the window.

- Check the liquid is clear, colourless to pale vellow and free from particles (see picture A).
- Do not use this medicine if the solution is discoloured or cloudy, or if it contains visible flakes or particles.
- You may see air bubble(s). This is normal.









Let the pen warm up at room temperature for 45 minutes.

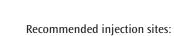
- This is important for administering the entire dose and helps minimize discomfort.
- Do not heat the pen, let it warm up on its own.
- Do not put the pen back in the refrigerator.



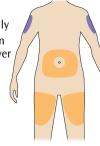


### Prepare the injection site.

- Wash your hands with soap and water and dry with a towel.
- You can inject into (see PICTURE):
- the top of your thighs
- your belly (except for the 5 cm area around your navel) - outer side of your upper arm (to be given by your
- caregiver only)
- You can stand or sit to give yourself an injection.
- Clean skin in the injection area with an alcohol wipe. • Do not use skin that is tender, hard, red or hot.
- Do not use any area near a visible vein
- Change (rotate) your injection site each time you give yourself an injection.
- If you need to use the same injection site, make sure it is not the same spot on the site you used last time.
- Do not inject Praluent with other injectable medicines at the same spot.



Injection by caregiver only Self-injection or by caregiver

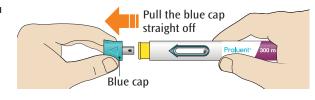


## **STEP B: How to inject**



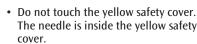
After completing all steps in "Step A: Getting ready for an injection", pull off the blue cap.

- Do not pull off the cap until you are ready to inject.
- · Do not put the blue cap back
- Do not use the pen if the blue cap is missing or not securely attached.

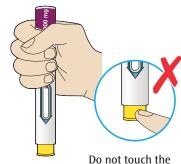


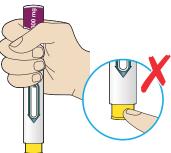


Hold the Praluent pen like this.



- Make sure you can see the window.
- Do not press the pen down against your skin until you are ready to inject.





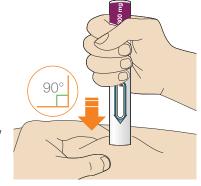
Do not touch the yellow safety cover

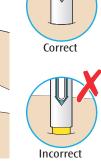


Press the yellow safety cover on your skin at roughly a 90° angle.



- Press the pen straight down against your skin until the yellow safety cover is pushed all the way into the pen and hold (see picture).
- The injection will not start until the yellow safety cover is fully depressed.
- There will be a click when the injection starts. The window will start to turn yellow.

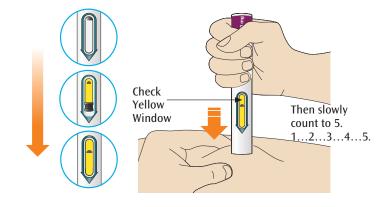






**Keep holding the pen** against your skin.

- · You may hear a second click. · Check that the entire window
- has turned yellow • Then, slowly count to 5.





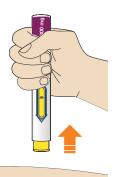
Check again that the window has turned yellow, before removing the pen.

- If the window has not turned completely yellow, remove the pen and call Sanofi for
- Do not give yourself a second injection without speaking to your doctor, pharmacist or nurse.



Pull pen away from your skin.

- · Do not rub the skin after the injection.
- If you see any blood, press a cotton ball or gauze on the site until the bleeding stops.





Throw away pen and cap.

- Do not put the blue cap back on.
- Throw away pen and cap into a punctureresistant container immediately after use.
- Ask your doctor, pharmacist or nurse how to throw away the container. • Always keep the container out of the sight
- and reach of children.

