

PATIENT Alert Card

**Please keep this card
with you at all times**

(This non-promotional material has been developed and funded by Otsuka Pharmaceuticals UK Ltd and is intended for patients prescribed Jinarc ▼ (tolvaptan))



Patient's name

Date Jinarc first prescribed

Doctor's name

Treatment centre's name

Treatment centre's contact number

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse.

This includes any possible side effects not listed in the package leaflet.

You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard.

Side effects can also be reported to Otsuka at opuksafety@otsuka.co.uk or by calling **0808 168 6726**.

By reporting side effects, you can help provide more information on the safety of this medicine.

Important safety information for patients

Jinarc[®] ▼ (tolvaptan) can cause your liver not to work properly.

Your doctor will arrange blood tests for liver function testing:

- Before starting treatment with Jinarc
- Monthly for the first 18 months of treatment
- Then every 3 months thereafter

Therapy should be interrupted or discontinued if significant increase of liver enzymes and/or clinical symptoms of liver injury persist.

Inform your doctor immediately if you experience any of these signs that could indicate potential liver problems:

- Tiredness
- Loss of appetite
- Pain in the abdomen
- Dark urine
- Yellowing of skin or eyes (jaundice)
- Nausea
- Vomiting
- Fever
- Itching of your skin
- Flu-like syndrome (joint and muscle pain with fever)

Jinarc can cause severe dehydration.

Jinarc can increase your urine production which may result in excessive water loss and dehydration.

Drink plenty of fluids to avoid dehydration and consult your doctor if you are unable to drink or if you experience any of these symptoms.

Symptoms of dehydration can include:

- Increased thirst
- Dark yellow and strong-smelling urine
- Feeling tired
- Feeling dizzy or lightheaded
- Decreased urination
- Dry mouth, lips, eyes or skin

If dehydration is left untreated, it can become severe.

Severe dehydration is a medical emergency and requires immediate medical attention.

Symptoms of severe dehydration can include:

- Unusual tiredness
- Weak/rapid pulse
- Confusion
- Dizziness
- Not urinated all day
- Fits (seizures)

If you experience any of these symptoms, contact your doctor, call 999 or go to A&E immediately to seek medical advice.

▼ This medicine is subject to additional monitoring. This will allow quick identification of new safety information. You can help by reporting any side effects you may get. See www.mhra.gov.uk/yellowcard for how to report side effects.

For more information regarding Jinarc, please contact Otsuka Medical Information at medical.information@otsuka-europe.com or call **0203 747 5300**.

