

Instructions for use

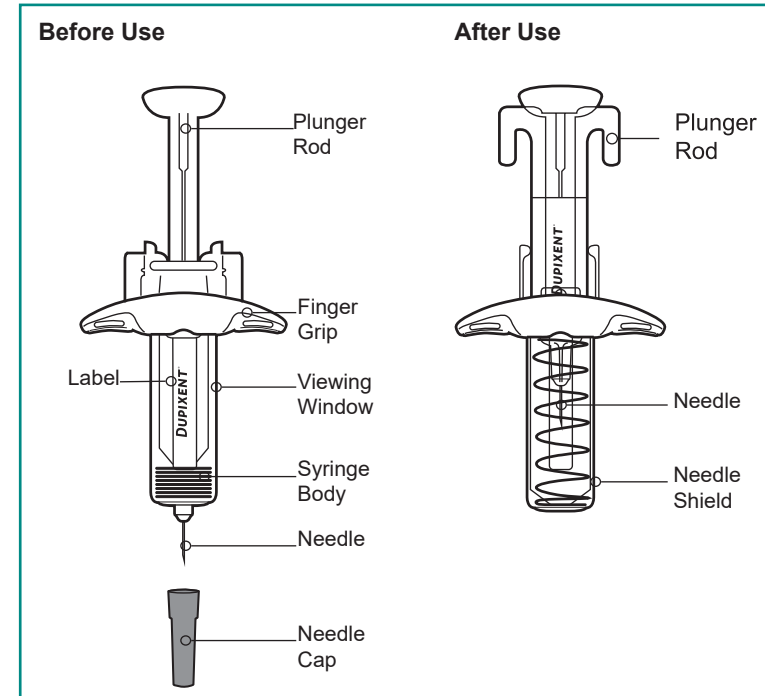
Dupixent[®]
300 mg

solution for injection in
a pre-filled syringe with
needle shield

dupilumab

SANOFI GENZYME

The parts of the Dupixent pre-filled syringe with needle shield are shown in this picture.



Important information

This device is a single-use pre-filled syringe. It contains 300 mg of Dupixent for injection under the skin (subcutaneous injection).

You must not try to give yourself or someone else the injection unless you have received training from your healthcare professional. In adolescents 12 years and older, it is recommended that Dupixent be administered by or under supervision of an adult. In children less than 12 years of age, Dupixent should be given by a caregiver.

- Read all of the instructions carefully before using the syringe.
- Check with your healthcare professional how often you will need to inject the medicine.
- Ask your healthcare professional to show you the right way to use the syringe before you inject for the first time.

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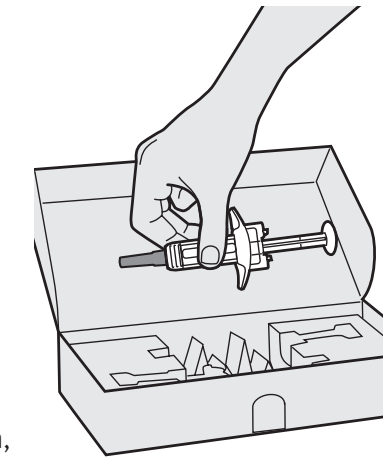


- Change the injection site for each injection.
- **Do not** use the syringe if it has been dropped on a hard surface or damaged.
- **Do not** use the syringe if the needle cap is missing or not securely attached.
- **Do not** touch the plunger rod until you are ready to inject.
- **Do not** inject through clothes.
- **Do not** get rid of any air bubbles in the syringe.
- To help prevent accidental needle injury, each pre-filled syringe has a needle shield that is automatically activated to cover the needle after you have given your injection.
- **Never** pull back on the plunger rod.
- **Do not** re-use the syringe.

How to Store Dupixent

- Keep the syringe(s) out of the reach of children.
- Keep unused syringes in the original carton and store in the refrigerator between 2°C and 8°C.
- **Do not** keep Dupixent at room temperature (<25°C) for more than 14 days. If you need to permanently remove the carton from the refrigerator, write down the date of removal in the space provided on the outer carton, and use Dupixent within 14 days.
- **Do not** shake the syringe at any time.
- **Do not** heat the syringe.
- **Do not** freeze the syringe.
- **Do not** place the syringe into direct sunlight.

Step 1: Remove



Remove the syringe from the carton by holding the middle of the syringe body.

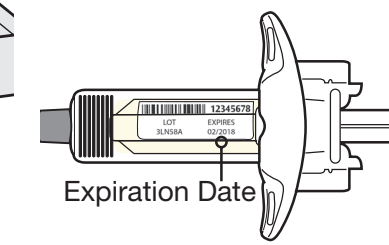
- ⚠ **Do not pull off the needle cap until you are ready to inject.**
- ⚠ **Do not use the syringe if it has been dropped on a hard surface or damaged.**

Step 2: Prepare

Ensure you have the following:

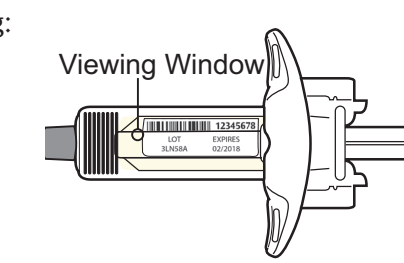
- the Dupixent pre-filled syringe
- 1 alcohol wipe*
- 1 cotton ball or gauze*
- a puncture-resistant container* (See Step 12)

*Items not included in the carton



- Look at the label:
- Check the expiry date.
 - Check that you have the correct product and dose.
- ⚠ **Do not use the syringe if the expiry date has passed.**
 - ⚠ **Do not keep Dupixent at room temperature for more than 14 days.**

Step 3: Inspect



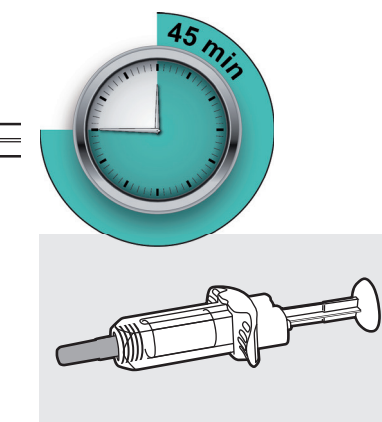
Look at the medicine through the viewing window on the syringe:

Check if the liquid is clear and colourless to pale yellow.

- ⚠ **Do not use the syringe if the liquid is discoloured or cloudy, or if it contains flakes or particles.**

- ⚠ **Do not use the syringe if the expiry date has passed.**
- ⚠ **Do not keep Dupixent at room temperature for more than 14 days.**

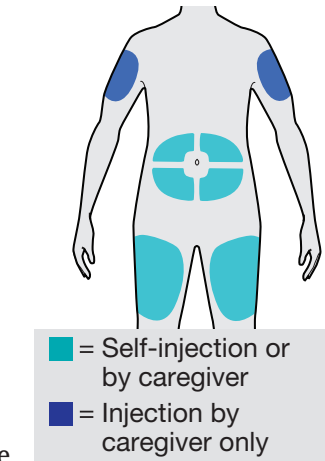
Step 4: Wait 45 minutes



Lay the syringe on a flat surface for at least 45 minutes and let it get to room temperature naturally.

- ⚠ **Do not warm the syringe in a microwave, hot water, or direct sunlight.**
- ⚠ **Do not place the syringe in direct sunlight.**
- ⚠ **Do not keep Dupixent at room temperature for more than 14 days.**

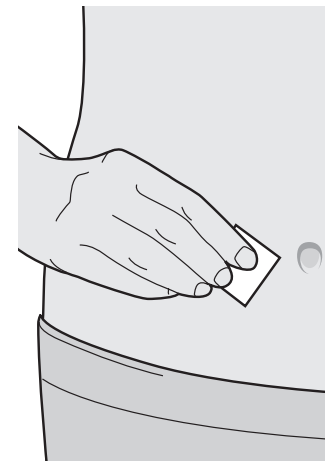
Step 5: Choose



Legend:
■ = Self-injection or by caregiver
■ = Injection by caregiver only

- Select the injection site.
- You can inject into your thigh or belly (stomach), except for the 5 cm around your navel.
 - If somebody else gives you the injection, they can also use your upper arm.
 - Change the injection site for each injection.
 - ⚠ **Do not inject into skin that is tender, damaged or has bruises or scars.**

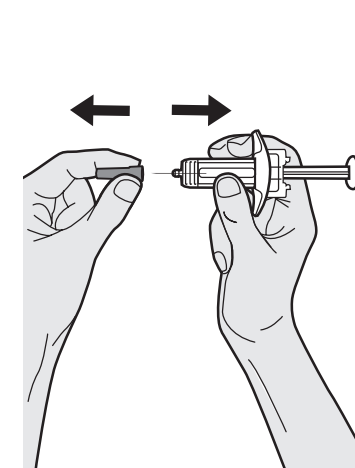
Step 6: Clean



Wash your hands. Clean the injection site with an alcohol wipe. Let your skin dry before injecting.

- ⚠ **Do not touch the injection site again or blow on it before the injection.**

Step 7: Pull

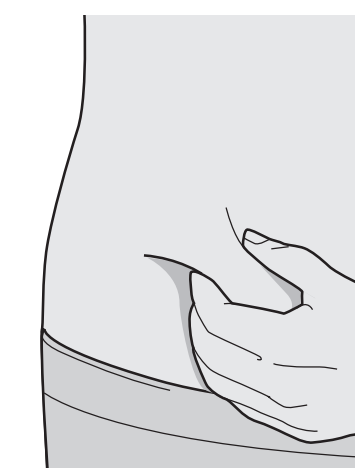


Hold the syringe in the middle of the syringe body with the needle pointing away from you and pull off the needle cap.

- ⚠ **Do not put the needle cap back on.**
- ⚠ **Do not touch the needle.**

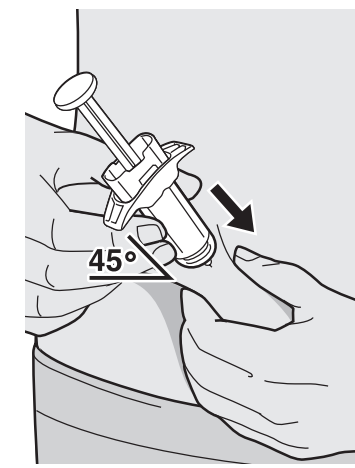
Inject your medicine immediately after removing the needle cap.

Step 8: Pinch



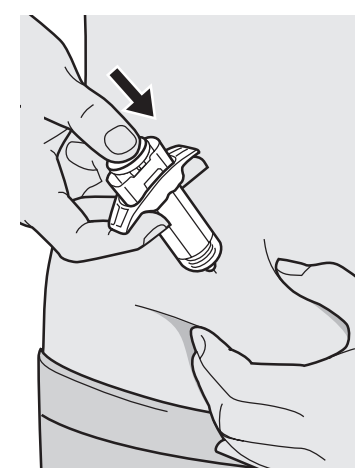
Pinch a fold of skin at the injection site, as shown in the picture.

Step 9: Insert



Insert the Needle completely into the fold of skin at roughly a 45° angle.

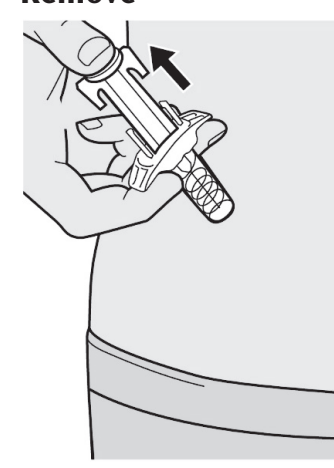
Step 10: Push



Relax the pinch. Push the plunger rod down slowly and steadily as far as it will go until the syringe is empty.

Note: You will feel some resistance. This is normal.

Step 11: Release and Remove

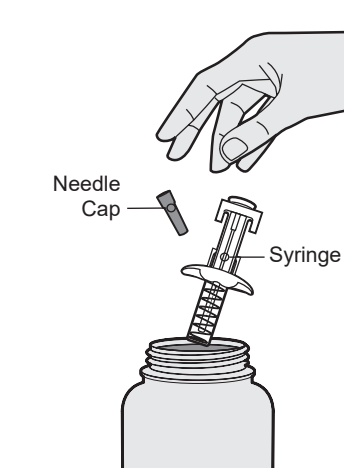


Lift your thumb to release the plunger rod until the needle is covered by the needle shield and then remove the syringe from the injection site.

Lightly press a cotton ball or gauze on the injection site if you see any blood.

- ⚠ **Do not put the needle cap back on.**
- ⚠ **Do not rub your skin after the injection.**

Step 12: Dispose



Dispose of the syringe and the needle cap in a puncture-resistant container.

- ⚠ **Do not put the needle cap back on.**

Always keep the container out of the reach of children.