

## **Package Leaflet: Information for the user**

### **Temozolomide SUN 250 mg hard capsules** temozolomide

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor, pharmacist or nurse.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.

#### **What is in this leaflet**

1. What Temozolomide SUN is and what it is used for
2. What you need to know before you take Temozolomide SUN
3. How to take Temozolomide SUN
4. Possible side effects
5. How to store Temozolomide SUN
6. Contents of the pack and other information

#### **1. What Temozolomide SUN is and what it is used for**

Temozolomide SUN contains a medicine called temozolomide. This medicine is an antitumour agent.

Temozolomide SUN is used for the treatment of specific forms of brain tumours:

- in adults with newly-diagnosed glioblastoma multiforme. Temozolomide SUN is at first used together with radiotherapy (concomitant phase of treatment) and after that alone (monotherapy phase of treatment).
- in children 3 years and older and adult patients with malignant glioma, such as glioblastoma multiforme or anaplastic astrocytoma. Temozolomide SUN is used in these tumours if they return or get worse after standard treatment.

#### **2. What you need to know before you take Temozolomide SUN**

##### **Do not take Temozolomide SUN**

- if you are allergic to temozolomide or any of the other ingredients of this medicine (listed in section 6).
- if you have had an allergic reaction to dacarbazine (an anticancer medicine sometimes called DTIC). Signs of allergic reaction include itchiness, breathlessness or wheezing, or swelling of the face, lips, tongue or throat.
- if the numbers of certain kinds of blood cells, such as your white blood cells or platelets are severely reduced (known as myelosuppression). These blood cells are important for fighting infection and for proper blood clotting. Your doctor will check your blood to make sure you have enough of these cells before you begin treatment.

##### **Warnings and precautions**

Talk to your doctor, pharmacist or nurse before taking Temozolomide SUN,

- as you should be observed closely for the development of a serious form of chest infection called *Pneumocystis jirovecii* pneumonia (PCP). If you have been newly-diagnosed with glioblastoma multiforme you may be receiving Temozolomide SUN for 42 days in combination with radiotherapy. In this case, your doctor will also prescribe medicine to help you prevent this type of pneumonia (PCP).
- if you have ever had or might now have a hepatitis B infection. This is because Temozolomide SUN could cause hepatitis B to become active again, which can be fatal in some cases. Patients will be carefully checked by their doctor for signs of this infection before treatment is started.
- if you have low counts of red blood cells (anaemia), white blood cells and platelets, or blood clotting problems before starting the treatment, or if you develop them during treatment. Your blood will be tested frequently during treatment to monitor the side effects of Temozolomide SUN on your blood cells. Your doctor may decide to reduce the dose, interrupt, stop or change your treatment. You may also need other treatments. In some cases, it may be necessary to stop treatment with Temozolomide SUN.
- as you may have a small risk of other changes in blood cells, including leukaemia.
- if you have nausea (feeling sick) and/or vomiting which are very common side effects of Temozolomide SUN (see section 4), your doctor may prescribe you a medicine (an anti-emetic) to help prevent vomiting.  
If you vomit frequently before or during treatment, ask your doctor about the best time to take Temozolomide SUN until the vomiting is under control. If you vomit after taking your dose, do not take a second dose on the same day.
- if you develop fever or symptoms of an infection contact your doctor immediately.
- if you are older than 70 years of age, you might be more prone to infection, bruising or bleeding.
- if you have liver or kidney problems, your dose of Temozolomide SUN may need to be adjusted.

### **Children and adolescents**

Do not give this medicine to children under the age of 3 years because it has not been studied. There is limited information in patients over 3 years of age who have taken Temozolomide SUN.

### **Other medicines and Temozolomide SUN**

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

### **Pregnancy, breast-feeding and fertility**

If you are pregnant, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine. This is because you must not be treated with Temozolomide SUN during pregnancy unless clearly indicated by your doctor.

Effective contraceptive precautions must be taken by **female patients** who are able to become pregnant during treatment with Temozolomide SUN, and for at least 6 months following completion of treatment.

You should stop breast-feeding while receiving treatment with Temozolomide SUN.

### **Male fertility**

Temozolomide SUN may cause permanent infertility. Male patients should use effective contraception and not father a child for at least 3 months after stopping treatment. It is recommended to seek advice on conservation of sperm prior to treatment.

### **Driving and using machines**

Temozolomide SUN may make you feel tired or sleepy. In this case, do not drive or use any tools or machines or cycle until you see how this medicine affects you (see section 4).

### **Temozolomide SUN contains lactose**

Temozolomide SUN contains lactose (a kind of sugar). If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.

### **3. How to take Temozolomide SUN**

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

#### Dosage and duration of treatment

Your doctor will work out your dose of Temozolomide SUN. This is based on your size (height and weight) and whether you have a recurrent tumour and have had chemotherapy treatment in the past. You may be given other medicines (anti-emetics) to take before and/or after taking Temozolomide SUN to prevent or control nausea and vomiting.

#### Patients with newly-diagnosed glioblastoma multiforme

If you are a newly-diagnosed patient, treatment will occur in two phases:

- treatment together with radiotherapy (concomitant phase) first
- followed by treatment with Temozolomide SUN only (monotherapy phase).

During the concomitant phase, your doctor will start Temozolomide SUN at a dose of 75 mg/m<sup>2</sup> (usual dose). You will take this dose every day for 42 to 49 days in combination with radiotherapy. The Temozolomide SUN dose may be delayed or stopped, depending on your blood counts and how you tolerate your medicine during the concomitant phase.

Once the radiotherapy is completed, you will have no treatment for 4 weeks. This will give your body a chance to recover.

Then, you will start the monotherapy phase.

During the monotherapy phase, the dose and way you take Temozolomide SUN can vary. Your doctor will work out your exact dose. There may be up to 6 treatment periods (cycles). Each one lasts 28 days. The first dose will be 150 mg/m<sup>2</sup>. You will take your new dose of Temozolomide SUN once daily for the first 5 days (“dosing days”) of each cycle. Then you will have 23 days without Temozolomide SUN. This adds up to a 28-day treatment cycle.

After day 28, the next cycle will begin. You will again take Temozolomide SUN once daily for 5 days followed by 23 days without Temozolomide SUN. The Temozolomide SUN dose may be adjusted, delayed or stopped depending on your blood counts and how you tolerate your medicine during each treatment cycle.

#### Patients with tumours that have returned or worsened (malignant glioma, such as glioblastoma multiforme or anaplastic astrocytoma) taking Temozolomide SUN only

A treatment cycle with Temozolomide SUN lasts 28 days.

You will take Temozolomide SUN only once daily for the first 5 days. This daily dose depends on whether or not you have received chemotherapy before.

If you have not been previously treated with chemotherapy, your first dose of Temozolomide SUN will be 200 mg/m<sup>2</sup> once daily for the first 5 days. If you have been previously treated with chemotherapy, your first dose of Temozolomide SUN will be 150 mg/m<sup>2</sup> once daily for the first 5 days. Then, you will have 23 days without Temozolomide SUN. This adds up to a 28-day treatment cycle.

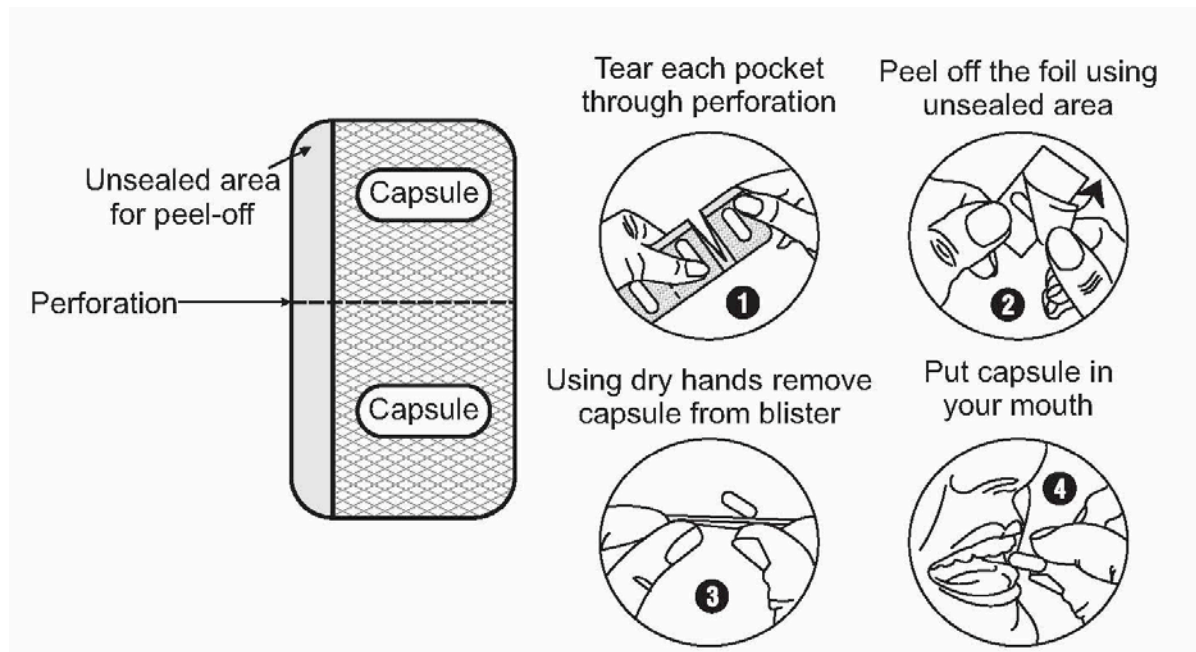
After day 28, the next cycle will begin. You will again receive Temozolomide SUN once daily for 5 days, followed by 23 days without Temozolomide SUN.

Before each new treatment cycle, your blood will be tested to see if the Temozolomide SUN dose needs to be adjusted. Depending on your blood test results, your doctor may adjust your dose for the next cycle.

### How to take Temozolomide SUN

Take your prescribed dose of Temozolomide SUN once a day, preferably at the same time each day.

Take the capsules on an empty stomach; for example, at least one hour before you plan to eat breakfast. Swallow the capsule(s) whole with a glass of water. Do not open, crush or chew the capsules. If a capsule is damaged, avoid contact of the powder with your skin, eyes or nose. If you accidentally get some in your eyes or nose, flush the area with water.



Depending on the prescribed dose, you may have to take more than one capsule at the same time. You may have to take different strengths to make up the dose. The marking on the capsule is different for each strength (see table below).

Strength	Imprint
Temozolomide SUN <b>5 mg</b> hard capsules	890 & 5 mg
Temozolomide SUN <b>20 mg</b> hard capsules	891 & 20 mg
Temozolomide SUN <b>100 mg</b> hard capsules	892 & 100 mg
Temozolomide SUN <b>140 mg</b> hard capsules	929 & 140 mg
Temozolomide SUN <b>180 mg</b> hard capsules	930 & 180 mg
Temozolomide SUN <b>250 mg</b> hard capsules	893 & 250 mg

You should make sure you fully understand and remember the following:

- the number of capsules you need to take every dosing day. Ask your doctor or pharmacist to write it down (including the marking)
- which days are your dosing days.

Review the dose with your doctor each time you start a new cycle, since it may be different from the last cycle.

Always take Temozolomide SUN exactly as your doctor has told you. It is very important to check with your doctor or pharmacist if you are not sure. Making a mistake in how you take this medicine may have serious health consequences.

**If you take more Temozolomide SUN than you should**

If you accidentally take more Temozolomide SUN capsules than you were told to, contact your doctor, pharmacist or nurse immediately.

**If you forget to take Temozolomide SUN**

Take the missed dose as soon as possible during the same day. If a full day has gone by, check with your doctor. Do not take a double dose to make up for a forgotten dose, unless your doctor tells you to do so.

If you have any further questions on the use of this medicine, ask your doctor, pharmacist or nurse.

**4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Contact your doctor **immediately** if you have any of the following:

- a severe allergic (hypersensitive) reaction (hives, wheezing or other breathing difficulty)
- uncontrolled bleeding
- seizures (convulsions)
- fever
- chills
- severe headache that does not go away.

Temozolomide SUN treatment can cause a reduction in certain kinds of blood cells. This may cause you to have increased bruising or bleeding, anaemia (a shortage of red blood cells), fever, and reduced resistance to infections. The reduction in blood cell counts is usually short-lived. In some cases, it may be prolonged and may lead to a very severe form of anaemia (aplastic anaemia). Your doctor will monitor your blood regularly for any changes, and will decide if any specific treatment is needed. In some cases, your Temozolomide SUN dose will be reduced or treatment stopped.

Other side effects that have been reported are listed below:

**Very common side effects (may affect more than 1 in 10 people) are:**

- loss of appetite, difficulty speaking, headache
- vomiting, nausea, diarrhoea, constipation
- rash, hair loss
- tiredness.

**Common side effects (may affect up to 1 in 10 people) are:**

- infections, oral infections, wound infections
- reduced number of blood cells (neutropenia, lymphopenia, thrombocytopenia)
- allergic reaction
- increased blood sugar
- memory impairment, depression, anxiety, confusion, inability to fall asleep or stay asleep
- impaired coordination and balance
- difficulty concentrating, change in mental status or alertness, forgetfulness
- dizziness, impaired sensations, tingling sensations, shaking, abnormal taste

- partial loss of vision, abnormal vision, double vision, dry or painful eyes
- deafness, ringing in the ears, earache
- blood clot in lung or legs, high blood pressure
- pneumonia, shortness of breath, bronchitis, cough, inflammation of your sinuses
- stomach or abdominal pain, upset stomach/heartburn, difficulty swallowing
- dry skin, itching
- muscle damage, muscle weakness, muscle aches and pain
- painful joint, back pain
- frequent urination, difficulty withholding your urine
- fever, flu-like symptoms, pain, feeling unwell, a cold or the flu
- fluid retention, swollen legs
- liver enzyme elevations
- loss of weight, weight gain
- radiation injury.

**Uncommon side effects (may affect up to 1 in 100 people) are:**

- brain infections (meningoencephalitis herpetic) including fatal cases
- new or reactivated cytomegalovirus infections
- reactivated hepatitis B virus infections
- secondary cancers including leukaemia
- reduced blood cell counts (pancytopenia, anaemia, leukopenia)
- red spots under the skin
- diabetes insipidus (symptoms include increased urination and feeling thirsty), low potassium level in the blood
- mood swings, hallucination
- partial paralysis, change in your sense of smell
- hearing impairment, infection of the middle ear
- palpitations (when you can feel your heart beat), hot flushes
- swollen stomach, difficulty controlling your bowel movements, haemorrhoids, dry mouth
- hepatitis and injury to the liver (including fatal liver failure), cholestasis, increased bilirubin
- blisters on body or in mouth, skin peeling, skin eruption, painful reddening of the skin, severe rash with skin swelling (including palms and soles)
- increased sensitivity to sunlight, urticaria (hives), increased sweating, change in skin colour
- difficulty in urinating
- vaginal bleeding, vaginal irritation, absent or heavy menstrual periods, breast pain, sexual impotence
- shivering, face swelling, discolouration of the tongue, thirst, tooth disorder.

**Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store.

By reporting side effects you can help provide more information on the safety of this medicine.

**5. How to store Temozolomide SUN**

Keep this medicine out of the sight and reach of children, preferably in a locked cupboard. Accidental ingestion can be lethal for children.

Do not use this medicine after the expiry date which is stated on the label and carton. The expiry date refers to the last day of that month.

Do not store above 25°C.

Tell your pharmacist if you notice any change in the appearance of the capsules.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## **6. Contents of the pack and other information**

### **What Temozolomide SUN contains**

- The active substance is temozolomide. Each hard capsule contains 250 mg temozolomide.
- The other ingredients are:
  - capsule content*: lactose, sodium starch glycolate (Type B), tartaric acid, stearic acid (see section 2 "Temozolomide SUN contains lactose")
  - capsule shell*: gelatin, titanium dioxide (E171), sodium laurilsulfate
  - printing ink*: shellac, propylene glycol, black iron oxide (E172).

### **What Temozolomide SUN looks like and contents of the pack**

Temozolomide SUN 250 mg hard capsules have a white opaque body and cap, imprinted in black ink. The cap is imprinted with '893'. The body is imprinted with '250 mg' and two stripes.

The hard capsules are available in blister packs containing 5 capsules. For the 20 capsules packs, 4 blisters of 5 capsules will be included in a carton.

Not all pack sizes may be marketed.

### **Marketing Authorisation Holder and Manufacturer**

Sun Pharmaceutical Industries Europe B.V.  
Polarisavenue 87  
2132 JH Hoofddorp  
The Netherlands

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