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Galpseud^{plus}
Linctus 500ml e

Pseudoephedrine hydrochloride,
chlorphenamine maleate

Read all the label before use.

Galpseud Plus Linctus contains pseudoephedrine to reduce congestion and chlorphenamine, an antihistamine, to control the symptoms of allergies. It is for relief of allergic rhinitis caused by hay fever and other allergies.

2. Before you use the medicine....

X Do not use the medicine if you have....
• An allergy to any of the ingredients listed. • Epilepsy
• Taken MAOIs (monoamine oxidase inhibitors) for depression within the last two weeks • High blood pressure or are taking medicine for high blood pressure
• Or give to children under 2 years old.

! Talk to your doctor if you have....
• Asthma • Kidney or liver problems • Heart disease • Diabetes • An overactive thyroid gland • Glaucoma (raised eyeball pressure) • Bladder problems including difficulty passing water • Prostate problems.

If you develop a feverish generalised erythema associated with pustules, stop taking this medicine and contact your doctor or seek medical attention immediately. See section 4.

Sudden abdominal pain or rectal bleeding may occur with Galpseud Plus Linctus, due to inflammation of the colon (ischaemic colitis). If you develop these gastro-intestinal symptoms, stop taking Galpseud Plus Linctus and contact your doctor or seek medical attention immediately. See section 4. Reduction of blood flow to your optic nerve may occur with this medicine. If you develop sudden loss of vision, stop taking this medicine and contact your doctor or seek medical attention immediately. See section 4.

! Talk to your doctor if you are taking....

• Other decongestants • Medicines to reduce your appetite • Medicines which stimulate the nervous system (amphetamines) • Medicines which lower your blood pressure • Beta blockers for a heart condition
• The antibiotic Furazolidone • Cardiac glycosides for heart problems • Any tranquilisers, antidepressants, sedatives or sleeping tablets • Any medicine for mental illness.

! Pregnant or breastfeeding
Galpseud Plus Linctus should not be used in pregnancy or breastfeeding unless the doctor has told you to do so.

! Important information about some of the ingredients

• Contains sodium parahydroxybenzoates (E215, E219) and amaranth (E123). May cause allergic reactions (possibly delayed).
• Contains 154mg of alcohol (ethanol) in each 10ml dose which is equivalent to 1.9%v/v. The amount in 10ml of this medicine is equivalent to less than 4ml of beer or 2ml of wine. The small amount of alcohol in this medicine will not have any noticeable effects.
• Contains less than 1mmol sodium (23mg) per 2.5ml dose, that is to say essentially "sodium-free".

3. How to use the medicine

• Take the liquid by mouth • The normal dose is given below but your doctor may prescribe a different amount for you. Always follow the instructions given by the doctor or pharmacist.

Adults, the elderly and children over 12 years: Take 2 x 5ml spoonfuls three times a day. **Children 6 - 12 years:** Take 1 x 5ml spoonful three times a day.

Children 2 - 6 years: Take ½ x 5ml (2.5ml) spoonful three times a day.
Do not give to children under 2 years old.

Warning: Do not take more medicine than the label tells you to. May cause drowsiness. If affected do not drive or operate machinery. Avoid alcoholic drink.

If symptoms persist ask your doctor for advice. **! If you accidentally take too much see a doctor straight away.**

4. Possible side effects

Important side effects:
Stop using this medicine if you develop these symptoms and contact your doctor or seek medical attention immediately. The frequencies of these are unknown.

• Severe rash • Swelling of the mouth, lips or tongue • Blistering of the skin • Fits • Sudden onset of fever, reddening of the skin, or many small pustules (possible symptoms of Acute Generalized Exanthematous Pustulosis -AGEP) may occur within the first 2 days of treatment with this medicine. See section 2
• Inflammation of the colon due to insufficient

blood supply (ischaemic colitis) • Reduced blood flow to the optic nerve (ischaemic optic neuropathy).

Other possible side effects are:

• Loss of appetite • Feeling or being sick • Constipation • Headaches • Blurred vision • Anxiety • Tremor • Dry mouth • Drowsiness • Sleeplessness and other sleep disorders • Dizziness • Irregular heartbeat • Tingling • High blood pressure • Difficulty passing water in men • Hallucinations • Delusions.

If you notice these or any other side effects stop use and tell your doctor or pharmacist.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard or search for 'MHRA Yellow Card' in the Google Play or Apple App Store.

By reporting side effects you can help provide more information on the safety of this medicine.
5. Storing the medicine
Do not store above 25°C. Protect from light. **Keep out of the sight and reach of children.** Use by the date shown on the label.

6. Further information

Active ingredients per 5ml:
pseudoephedrine hydrochloride 30mg, chlorphenamine maleate 2mg.

Also contains: citric acid monohydrate (E330), sodium parahydroxybenzoates (E215, E219), ethanol, amaranth (E123), carmellose sodium (E466), levomenthol, condensed milk flavour, orange flavour, glycerol (E422) and purified water.

What the medicine looks like
Galpseud Plus Linctus is a red syrupy liquid.



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Manufactured by the licence holder
Thornton and Ross Ltd.,
Huddersfield, HD7 5QH, UK.
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