

VENDOR CODE TO BE PRINTED AT THE BOTTOM RIGHT HAND CORNER OF FRONT AND BACK PAGE



**BLEED AREA** 

INSERT PIPS FRONT AND BACK FOR BLANK SHEET DETECTION AT PRINT





#### B. HOW TO USE MICOLETTE MICRO-ENEMA

Always use the product exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure. Micolette Micro-Enema is for administration to the back passage (rectum) only, and is not recommended for children under 3 years of age.

- Usually you only need to use one tube, but if you have severe constipation, you might need two tubes.
- Carefully remove the cap from the end of the nozzle, then squeeze a drop of the liquid onto a finger and smear it over the nozzle to lubricate it.
- Adults, insert the nozzle as far as it will go into the back passage, and squeeze the tube until it is
  empty.
- **Children** aged 3 years and over, insert the nozzle for half its length only, and squeeze the tube until it is empty.
- Dispose of the empty tube in the dustbin do not flush it down the toilet.
- You will probably feel the urge to empty your bowels within a few minutes of taking Micolette, or
  even straight away, but try to hold on for 10 or 15 minutes. This will give the enema enough time to
  work properly.
- If you still do not feel an urge to empty your bowels after 20 minutes, you may need to use a second tube of Micolette.

## If you use more Micolette Micro-Enema than you should:

- Too much use of Micolette may cause diarrhoea and loss of fluid. If this happens, tell your doctor.
- Using Micolette too often over a long period may cause irritation of the back passage, and can reduce the absorption of vitamins from food.

#### 4. POSSIBLE SIDE EFFECTS

Micolette Micro-Enema does not usually cause any unwanted effects, but occasionally it may cause a slight feeling of cramp.

#### Reporting of side effects:

If you get any side effects, talk to your doctor, pharmacist or nuse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard. By reporting side effects you can help provide more information on the safety of this medicine

### 5. HOW TO STORE MICOLETTE MICRO-ENEMA

Keep tubes out of the sight and reach of children, and store below 25°C. Do not use Micolette after the expiry date which is stated on the label. The expiry date refers to the last day of that month. Unused tubes of Micolette should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

#### 6. FURTHER INFORMATION

What Micolette Micro-Enema contains in a 5ml dose:

- the active substances: sodium lauryl sulphoacetate 45mg, sodium citrate 450mg, glycerol 625mg.
- the other ingredients: sorbitol solution (E420), potassium sorbate and water.

#### What Micolette Micro-Enema looks like and contents of the pack:

Micolette is a translucent gel-like substance available in 5ml plastic tubes, with nozzle and a removable cap.

# Marketing Authorisation Holder and Manufacturer:

Pinewood Laboratories Ltd., Ballymacarbry, Clonmel, Co. Tipperary, Ireland.

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