



PACKAGE LEAFLET: INFORMATION FOR THE USER

QUININE SULFATE TABLETS 300 mg

[Quinine Sulfate]

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor, or pharmacist or nurse
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:

1. What Quinine Sulfate Tablets are and what they are used for.
2. What you need to know before you take Quinine Sulfate Tablets.
3. How to take Quinine Sulfate Tablets.
4. Possible side effects.
5. How to store Quinine Sulfate Tablets.
6. Contents of the pack and other information.

1. What Quinine Sulfate Tablets are and what they are used for

Quinine Sulfate is one of a group of medicines called anti-protozoal agents.

Quinine Sulfate Tablets are used to:

- Treat malaria.
- Treat and prevent nocturnal (night-time) leg cramps in adults and the elderly.

2. What you need to know before you take Quinine Sulfate Tablets

Do not take Quinine Sulfate if you:

- Are allergic to quinine or any other ingredients of this medicine (Listed in section 6).
- Have problems with your eyes or difficulty seeing.
- Suffer from tinnitus (ringing or buzzing in the ears).
- Have blood in the urine (haemoglobinuria).
- Suffer from muscle weakness (myasthenia gravis).

Warnings and precautions

Talk to your doctor or pharmacist before taking Quinine Sulfate Tablets if you:

- Are sensitive to Quinine. See section 4 for possible symptoms.
- Have had malaria for a long time.
- Have irregular heartbeats or other heart disease.
- Have conduction defects of the heart (this is where the heart cannot conduct electrical signals properly).
- Suffer from severe glucose-6-phosphate dehydrogenase deficiency (G6PD), this can cause episodes of anaemia after eating certain foods such as fava beans or certain drugs to prevent malaria or dapsona.
- Intend on using the medicine for nocturnal leg cramps.
- Have previously experienced any adverse reaction to quinine, including that in tonic water or other beverages. Quinine may cause thrombocytopenia (reduction in blood platelet counts).
- Suffer from kidney or liver problems.

You should not take more than the prescribed dose as a condition called 'cinchonism' may occur even with normal dose. Please see section 4 'Possible side effects' for symptoms of cinchonism and tell your doctor if you experience any of them. Tell your doctor if you were born with or have any condition that causes an abnormal heart rhythm.

Other medicines and Quinine Sulfate Tablets

Please tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines including any medicines obtained without a prescription, especially:

- Anticoagulants (to stop your blood clotting).
- Cardiac glycosides (medicines for your heart such as digoxin).
- Chloroquine, artemether with lumefantrine or mefloquine, halofantrine or primaquine (also to treat malaria).
- Cimetidine (to treat stomach ulcers or acid reflux and indigestion).
- Flecainide, quinidine or amiodarone (to treat irregular heart rhythms).
- Pimozide or thioridazine (to treat some mental disorders).
- Rifampicin or moxifloxacin (antibiotics).
- Barbiturates, carbamazepine or phenytoin (medicines to treat epilepsy).
- Oral hypoglycaemics (to treat diabetes).
- HIV protease inhibitors (drugs to treat HIV infections such as ritonavir).
- Azole antifungals (drugs to treat fungal infections such as ketoconazole).
- Ciclosporin (used following transplant surgery and to treat various inflammatory diseases).
- Amantadine (an antiviral to treat influenza and Parkinson's disease).
- Suxamethonium (a muscle relaxant used in surgery, tell the anaesthetist you are taking Quinine Sulfate Tablets).
- Terfenadine (used in the treatment of allergies).
- Medicines which are known to cause disturbances in heart rhythm.

If you see another doctor or go into hospital, let them know what medicines you are taking.

Pregnancy and Breast feeding:

Do not take the tablets if you are pregnant, trying to become pregnant or breast feeding. Quinine Sulfate Tablets should not be used for night cramps during pregnancy. Consult your doctor or pharmacist if in doubt.

Driving and using machines:

Quinine may affect your vision or cause vertigo (a feeling of dizziness or 'spinning'). If you are affected, DO NOT drive or operate machinery.

Quinine Sulfate Tablets contain lactose

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.

Information on sodium content

This medicine contains less than 1 mmol sodium (23 mg) per tablet, i.e. is essentially 'sodium-free'.

3. How to take Quinine Sulfate Tablets

Always take this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure. These tablets should be swallowed with some water.

Malaria

Adults (including elderly) and children over 12 years:
600mg at 8 hour intervals for 7 days

Children under 12 years:

10mg/kg at 8 hour intervals for 7 days

Nocturnal leg cramps

Adults (including elderly people):
200mg at bedtime. The maximum dose is 300mg.

It may take up to 4 weeks before you notice any reduction in the frequency of leg cramps. Your doctor will monitor your progress.

180 x 230 mm

Front Side

ARTWORK DETAIL LABEL

Product	Quinine Sulfate Tablets 300mg		
Buyer/Country	Strides Pharma UK Ltd.	Component	Pack Insert
Dimension	180 x 230 mm	Pack	----
New Item Code	1047135	Old Item Code	1043445
Colour Shades	■ BLACK	No. of Colours	1
Change Control No.	PC-TSG/2022/047 - Record Number: 333151		Artwork Version 10.0
Design/Style	Front & Back Printing. To be supplied unfolded size.		
Substrate	60 GSM Paper.		
Special Instructions	PRINTING CLARITY TO BE CLEAR AND SHARP.		
Autocartonator Requirements	Pack insert supply should be as per auto-cartonator. Refer auto-cartonator drawing for instructions.		
Caution to the printer: Before processing, please ensure that the ARTWORK received for printing is exactly in line with APPROVED ARTWORK provided to you. In case of any FONTS/DESIGN are Mis-matching with the APPROVED ARTWORK, please inform PDC for further action. DO NOT MAKE ANY CHANGE TO THE ARTWORK WITHOUT WRITTEN INSTRUCTIONS FROM PDC.			

Patients with kidney or liver problems

A lower dose than the usual adult dose or increased time between doses should be used if you have kidney or liver problems.

If you take more Quinine Sulfate Tablets than you should:

If you accidentally take more than your prescribed dose, contact your nearest hospital casualty department, or tell your doctor, immediately. Take any remaining tablets and the container with you.

An overdose of Quinine may cause 'cinchonism'. Early symptoms are:

- Tinnitus (ringing in the ears), impaired hearing and vision, headache, feeling sick, being sick, fits.
- Rashes, confusion, hot and flushed skin.

More severe symptoms include:

- Nervous system disorders, stomach problems, shallow breathing, loss of consciousness.
- Sever eyesight problems including blindness.
- Effects on the heart, kidneys and brain.
- Low blood sugar.
- Muscle weakness, tiredness or cramps.
- Tingling or numbness.
- Feeling your heart beat irregularly (palpitations).
- Large doses can cause abortion.

If you forget to take Quinine Sulfate Tablets:

If you forget to take a dose, take another as soon as you remember and then your next dose at the usual time. Do not take a double dose to make up for a forgotten dose.

If you are elderly, it is particularly important to take this medicine exactly as directed by the doctor.

If you stop taking Quinine Sulfate Tablets:

Continue to take the tablets for as long as your doctor tells you to. If you are taking them for malaria you must take the full course. If you stop too soon the infection may recur.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible Side Effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

If any of the following happen, stop taking the tablets and tell your doctor immediately or go to the casualty department at your nearest hospital:

- Allergic reaction - itchy skin rash, swelling of the lips, face throat or tongue, flushing, fever, asthma or sensitivity to light.
- Unexplained bruising or bleeding, or frequent nose bleeds.
- A serious illness with blistering of the skin, mouth, eyes and genitals (Stevens-Johnson Syndrome).

Contact your doctor at once if the following effects occur:

- Cinchonism – abdominal pain, diarrhoea, disturbed vision (blurred vision, changes in colour perception or field of vision, total blindness), headache, feeling or being sick, ringing in the ears or impaired hearing, rashes, loss of consciousness, fits, shock due to heart problems, irregular heart beats, death. If these occur while taking Quinine Sulfate Tablets for leg cramps, treatment should be stopped and a doctor contacted straight away.
- Changes to blood cells, if you notice that you have more sore throats and infections than usual tell your doctor who may want to give you a blood test.

If you feel unwell whilst taking Quinine Sulfate for night cramps, stop taking the tablets and talk to your doctor immediately.

The following side effects have also been reported:

- Diarrhoea, feeling or being sick, abdominal pain, low blood sugar.

- Muscle weakness, excitement, agitation, 'spinning' sensation', confusion, loss of consciousness, coma, death.
- Headache, changes in vision, 'ringing' in the ears, loss of hearing.
- Swollen, itchy, flaky, red or raised patches of skin, rashes, sensitivity to light.
- Kidney damage, water retention, slowed heart rate, changes in heart rhythm and the way the heart beats, eczema, miscarriages (at very high concentrations), difficulty breathing.
- Aggravation of myasthenia gravis.
- Excretion of protein in your urine which may cause a colour change.
- Fall in blood pressure coupled with a weak pulse.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard

By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Quinine Sulfate Tablets

Keep this medicine out of the sight and reach of children.

Store below 25°C in a dry place and in the original packaging.

Do not use this medicine after the expiry date which is stated on the label. The expiry date refers to the last day of that month.

Remember, this medicine is for you only. Never give it to anyone else. It may harm them, even if their symptoms are the same as yours.

Do not use this medicine if you notice visible signs of deterioration.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.

6. Contents of the pack and other information**What Quinine Sulfate Tablets contain.**

The active substance is Quinine Sulfate BP/Ph.Eur

The other ingredients are:

- Lactose
- Microcrystalline cellulose
- Maize Starch
- Sodium starch glycolate
- Colloidal anhydrous silica
- Purified talc
- Magnesium stearate
- Hypromellose
- Diethyl phthalate

Ingredients for Coating:

What Quinine Sulfate Tablets look like and contents of the pack

Description: Film-coated tablet

A White, round, biconvex, film coated tablets marked "3" on one side and plain on the other side.

Polypropylene tablet containers with polyethylene caps and option use of fillers. PVC /aluminium foil blisters.

Pack sizes: 5, 7, 10, 14, 15, 20, 21, 25, 28, 30, 50, 60, 84, 90, 100, 112, 120, 168, 180, 250 and 500.

Not all pack sizes may be marketed.

Marketing Authorisation Holder

Strides Pharma UK Ltd.
Unit 4, Metro Centre,
Tolpits Lane, Watford,
Herts, WD18 9SS, UK

This leaflet was last revised in 05/2022.



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180 x 230 mm

Back Side

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