It is important that whilst you are taking this medicine, you talk to your doctor, pharmacist or nurse before taking Soluble Tablets to maintain health and wellbeing. Boosting your body with steroids (the full name is corticosteroids) contain the active ingredient prednisolone. Usually they start within a few days or weeks of starting. They are more likely to happen at high doses. If you have or have had a history of mental health problems, this is common in both adults and children. They can affect about five in every 100 people. Symptoms include:
- feeling depressed, including thinking about suicide
- feeling, seeing or hearing things that do not exist.

Children and teenagers taking this medicine may grow more slowly than normal. If you, as the patient or carer, are worried about the effects of taking this medicine, go back and discuss it with your doctor.

Elderly
If you are elderly, your doctor will monitor you closely whilst you are taking this medicine as you may be more likely to experience side effects.

Reporting of side effects
If you get any side effects, talk to your doctor or pharmacist by phone. This includes any possible side effects not listed in this leaflet. You can also report side effects directly. (See details below)

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

If you experience any of the following side effects after you have been given your medicine, tell your doctor or pharmacist immediately:
- Severe allergic reaction which may include a red and (antibiotics used to treat infections).
- Carbamazepine, phenytoin, primidone and phenobarbital (for epilepsy) (including rheumatoid arthritis);
- Collagen (a growth hormone).
- Steroid treatment

If you have epilepsy
- Muscle wasting, weakness or pain
- Fractures (osteoporosis)
- Increased sweating
- Muscle wasting, weakness or pain
- Acne
- Thin delicate skin, unusual marks on the skin or bruising
- Easy bleeding or bruising.

Erythromycin
- Muscle wasting, weakness or pain
- Fractures (osteoporosis)
- Increased sweating
- Muscle wasting, weakness or pain
- Acne
- Thin delicate skin, unusual marks on the skin or bruising
- Easy bleeding or bruising.

6. Contents of the pack and other information

What Prednisolone 5mg Soluble Tablets contain
- The active substance is prednisolone. Each tablet contains 5mg of prednisolone (as the sodium phosphate ester).
- The other ingredients are sodium acid citrate, sodium hydrogen carbonate, saccharin sodium, povidone, sodium benzoate and erythrosine (E127).
- What Prednisolone 5mg Soluble Tablets look like and contents of the pack

5. How to store Prednisolone Soluble Tablets
Do not use this medicine after the expiry date which is stated on the pack. EXP: The expiry date refers to the last day of that month.

Once dissolved, drink your medicine immediately.

Do not use this medicine if you notice any visible signs of deterioration of the blister pack or the tablets. Return it to the pharmacy.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to dispose of any medicines you no longer use. These measures will help to protect the environment.