Trifluoperazine 1mg/5ml Syrup

Read all of this leaflet carefully before you start taking this medicine. Keep this leaflet. You may need to read it again. If you have any further questions, ask your doctor or pharmacist.

This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours. If any of the side effects become serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:
1. What Trifluoperazine 1mg/5ml Syrup is and what it is used for
2. Before you take Trifluoperazine 1mg/5ml Syrup
3. How to take Trifluoperazine 1mg/5ml Syrup
4. Possible side effects
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1. WHAT TRIFLUOPERAZINE 1mg/5ml SYRUP IS AND WHAT IT IS USED FOR

Trifluoperazine 1mg/5ml Syrup contains the active ingredient trifluoperazine hydrochloride, which belongs to a class of drugs called phenothiazine tranquillisers, also referred to as a neuroleptic drug. It influences the activity of certain brain cells by decreasing the effect of dopamine, a natural chemical in the brain.

- At a low dose, Trifluoperazine 1mg/5ml Syrup is used to manage anxiety and depression. It is used in this way for short periods of time. Trifluoperazine 1mg/5ml Syrup may also be used to treat nausea (feeling sick) and vomiting (being sick).
- At high doses, Trifluoperazine 1mg/5ml Syrup is used to treat and prevent relapses of schizophrenia (a serious mental illness). It can also be used for short periods of time to treat bad agitation or dangerous behaviour.

2. BEFORE YOU TAKE TRIFLUOPERAZINE 1mg/5ml SYRUP

Do NOT take Trifluoperazine 1mg/5ml Syrup if:
- You know that you are allergic to trifluoperazine hydrochloride or any of the other ingredients of Trifluoperazine 1mg/5ml Syrup (see section 6 of this leaflet).
- You are suffering from liver problems, blood disease, inability of the heart to maintain adequate circulation causing breathlessness and swelling of the ankles.
- If you have previously had to stop taking other medicines for psychiatric problems like trifluoperazine (known as phenothiazines) because they have affected your blood cells or caused jaundice (yellowing of the skin or eyes). Ask your doctor about this.

Take special care with Trifluoperazine 1mg/5ml Syrup and tell your doctor if you are:
- suffering from any disease involving the heart and blood vessels (cardiovascular disease) including chest pain (angina) and irregular heart beats
- suffering from a brain disorder causing tremors, rigidity and slowing of movement (Parkinson’s disease)
- suffering from fits (epilepsy)
- suffering from an eye disease called narrow angle glaucoma which causes increased pressure inside the eye.
- suffering from abnormal muscle weakness (Myasthenia gravis)
- suffering from an enlargement of prostate gland
- exposed to extremes in temperature as this medicine can affect body temperature control

Keep this medicine out of the sight and reach of children. Do not use Trifluoperazine 1mg/5ml Syrup after the expiry date which is stated on the box. The expiry date refers to the last day of that month. If your Syrup is out of date, take it to your pharmacist who will get rid of it safely. Do not store above 25°C. Store in the original package.
For children aged 3-5
The usual dose is 2 mg to 6 mg a day. This dose should be divided into two or three times a day, depending on the dose your doctor has suggested.

Taking Trifluoperazine 1mg/5ml Syrup
Trifluoperazine 1mg/5ml Syrup can be taken with or without food.

Pregnancy and breast feeding
Do not take Trifluoperazine 1mg/5ml Syrup if you are pregnant, think you may be pregnant or are planning to become pregnant, or while breast feeding, unless your doctor decides that treatment is essential. It is particularly important not to take Trifluoperazine 1mg/5ml Syrup during the first three months of pregnancy.

While breast feeding, this medicine may enter your breast milk. You should inform your doctor if you have breast fed or are breast feeding.

If you take Trifluoperazine 1mg/5ml Syrup during pregnancy:
• Adult patients: The usual dose is 5-25mg a day in divided doses.
• Elderly patients: The starting dose of syrup should be no more than half that of adult patients, increasing gradually.
• Children: For children aged 6-12 years, the dose is no more than 1mg a day. For children aged 12 years or over the dose is not more than 4mg a day.

Taking other medicines
Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription. The effects of these medicines may change, especially if you are taking:
• sleeping tablets,
• strong painkillers (e.g. codeine),
• medicines which result in lowering of blood pressure (e.g. guanethidine),
• anti-cholinergic medicines used to reduce saliva and lung secretions (e.g. atropine, procyclidine),
• antidepressants (e.g. other phenothiazines, lithium),
• medicines for other psychiatric conditions (neuroleptics),
• medicines used to treat iron poisoning (desferrioxamine),
• antacids used to treat indigestion,
• medicines for Parkinson’s disease (e.g. levodopa),
• blood thinning medicines (anticoagulants such as warfarin),
• medicines used to treat iron poisoning (desferrioxamine),
• antacids used to treat indigestion,
• medicines for psychotic conditions (neuroleptics),
• heart medicines which prolong the Q-T interval (e.g. quinidine, disopyramide, procaaimide, amiodarone, sotalol),
• drugs causing electrolyte imbalances (e.g. diuretics).

You should tell your doctor or dentist that you are taking Trifluoperazine 1mg/5ml Syrup before being given an anesthetic.

Remember each 5ml spoonful of syrup contains 1mg of “Trifluoperazine”

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<table>
<thead>
<tr>
<th>Patient Type</th>
<th>Low dosage</th>
<th>High dosage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adults</td>
<td>The usual dose is 2 mg to 6 mg a day.</td>
<td>High dose in adults is 5-25 mg a day in divided doses.</td>
</tr>
<tr>
<td>Elderly (over 65 years of age)</td>
<td>The starting dose of syrup should be no more than half that of adult patients</td>
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</tr>
<tr>
<td>Children</td>
<td>For children aged 3-5 years, the dose is no more than 1 mg a day. For children aged 6-12 years, the dose is not more than 4 mg a day.</td>
<td>High dose in children (aged 6-12 years) is 5 mg in divided doses.</td>
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During treatment your doctor should regularly check you for physical side effects, changes in your blood counts or liver function, and any heart problem, especially if you taking this medicine for a long time or are also taking other medicines.

If you stop taking Trifluoperazine 1mg/5ml Syrup
Continue to take Trifluoperazine 1mg/5ml Syrup even if you no longer feel ill. Do not stop taking this medicine without talking with your doctor first, especially if you have taken large doses for a long time. When the time comes to stop your doctor will probably decrease your dose gradually as stopping the Syrup suddenly may cause ill-effects such as nausea (feeling sick), vomiting (being sick), sweating and difficulty in sleeping.

For mood disorders and schizophrenia, it may take several weeks for you to feel the full benefit of this medicine. If you stop taking this medicine suddenly, your symptoms may come back.

If you take more Trifluoperazine 1mg/5ml Syrup than you should:
If you think that you, or any other person, have taken too much Syrup, contact your doctor or hospital casualty department immediately. Take this leaflet and any remaining Syrup with you so that the medical staff know exactly what you have taken.

If you forget to take your Trifluoperazine 1mg/5ml Syrup:
If you miss a dose, wait until your next dose. Do not take the dose you have missed. You can then carry on as before. Do not take more than one dose at a time.

4. POSSIBLE SIDE EFFECTS
Blood clots in the veins especially in the legs (symptoms include swelling, pain and redness in the leg), which may travel through blood vessels to the lungs causing chest pain and difficulty in breathing. If you notice any of these symptoms seek medical advice immediately.

Like all medicines, Trifluoperazine 1mg/5ml Syrup can sometimes cause side effects, although not everybody gets them.

Tell your doctor immediately if you notice any of the following:
• Very rarely, patients may experience a fast or irregular heartbeat, constipation, difficulty or inability to pass urine or a high temperature.
• Rarely, Trifluoperazine 1mg/5ml Syrup can affect certain types of breast cancers or lead to breast enlargement in men or to inappropriate milk production or altered menstrual cycle (e.g. periods stop).