Information for the user

Boots Pharmacy Eczema and Dermatitis Cream
(Alclometasone Dipropionate)

Read all of this leaflet carefully because it contains important information for you.
This medicine is available without prescription to treat minor conditions. However, you still
need to use it carefully to get the best results from it.

- Keep this leaflet, you may need to read it again
- Ask your pharmacist if you need more information or advice

What this medicine is for
This medicine contains Alclometasone Dipropionate, which belongs to a group of medicines
called topical corticosteroids. Topical corticosteroids are creams and ointments that are used
on the skin to relieve red itchy, swollen skin (inflammation).
It can be used to treat and control flare up of small patches of eczema and dermatitis. These
conditions cause itchy, dry cracked and sore skin that may be red, scaling or have tiny
blisters on the surface of the skin. It is important to make sure that you are treating the right
skin condition as using this cream on other skin conditions could make them worse.
Corticosteroids should not be confused with anabolic steroids that are misused by some
athletes and are taken as tablets or injections. They are completely different.

Before you use this medicine
This medicine can be used by adults and children aged 12 years and over. However, some
people should not use this medicine or should seek the advice of their pharmacist or doctor
first.

Don’t use:
- If you are allergic to any of the ingredients
- For children under 12 years old, unless their doctor tells you to
- If the affected area is on
  - Your face (using the cream may cause acne or spots around the mouth)
  - Your groin, genital areas (genital folds) or the folds of your breast
  - Your anus
  - Between your toes
- To treat any of the following conditions
  - Rosacea (severe flushing of the skin on or around the nose)
  - Acne, or a rash around the mouth
  - Broken or infected skin including cold sores, herpes, chickenpox, impetigo, ringworm,
    athlete’s foot or thrush, TB of the skin
  - Seborrheic dermatitis (a flaky, oily skin condition)
  - Psoriasis (a scaly skin condition)
- If you are treating the same area of skin for a third time, unless your doctor tells you to
- If you are using other corticosteroid creams or ointments on your skin

Talk to your pharmacist or doctor:
- If you are pregnant or breastfeeding

Other important information
Information about some of the ingredients in this medicine: This medicine contains
propylene glycol, cetostearyl alcohol and chlorocresol, which may cause skin irritation, skin
reactions such as contact dermatitis, and allergic reactions.
✓ **How to use this medicine**

Check the tube seal is not broken before first use. If it is, do not use the cream.
Pierce tube seal with end of cap.

<table>
<thead>
<tr>
<th>Age</th>
<th>How much to use</th>
<th>How often to use it</th>
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</thead>
<tbody>
<tr>
<td>Adults and children of 12 years and over</td>
<td>A small amount (see fingertip measure below)</td>
<td>Twice a day for up to 7 days</td>
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Apply to the skin only. Do not put plasters or bandages over the treated area.
Do not use on children under 12 years, unless your doctor tells you to.
Do not use more than the amount recommended above.
Do not use this medicine for more than 7 days.
If you forget to use the cream: Use it when you remember.
If your symptoms get worse talk to a pharmacist or doctor.
If your symptoms do not go away within 7 days talk to a pharmacist or doctor.
If you use a bit too much cream by mistake don’t worry, this is normally harmless, but try to keep to the fingertip unit measuring system. Using the cream for a long period of time can cause other skin problems.

**Fingertip Measure**

Knowing how much cream to use can be difficult. The fingertip unit method is one easy way. A fingertip unit is the amount of cream you can squeeze onto your fingertip from the tip to the first crease. Half a fingertip unit will cover a patch of skin the same size as the palm of your hand.

**Follow the instructions at the top of the leaflet** which tell you how to apply the cream to your skin.

**Follow these instructions:**

- Wash your hands and dry them
- Squeeze the correct amount of cream onto your index finger. Refer to Fingertip Measure which gives you an idea of how much to use
- Gently rub the cream into the area of skin which you are treating, until the cream completely disappears
- Wash your hands again (unless it is your hands you are treating)

Use the fingertip unit as a guide. For smaller areas use a smaller amount. The cream isn’t meant to treat large areas.

**Possible side effects**

Most people will not have problems, but some may get some.

! **If you get any of these serious side effects, stop using the cream. See a doctor at once:**

- Redness, swelling, itching of the skin (signs of an allergic reaction)
- Worsening of the condition being treated
- Irritation, burning or stinging sensation after applying the cream

If you notice any side effect not listed here, please tell your pharmacist or doctor.

**How to store this medicine**

Do not store above 25°C.
Keep this medicine in a safe place out of the sight and reach of children, preferably in a locked cupboard.
Use by the date on the end flap of the carton or crimp of the tube.

**What is in this medicine**
This cream contains Alclometasone Dipropionate, which is the active ingredient.
As well as the active ingredient, the cream also contains propylene glycol, white soft paraffin, cetostearyl alcohol, glyceryl stearate PEG 100 stearate, polyoxyethylene (20) cetyl ether, sodium dihydrogen phostate dihydrate, chlorocresol, phosphoric acid, purified water.
The pack contains 15 g of white cream.

**Who makes this medicine**
Manufactured for Boots Pharmacy Nottingham NG2 3AA by Schering-Plough Labo NV Heist-op-den-Berg Belgium. Marketing Authorisation held by Schering-Plough Ltd Shire Park Welwyn Garden City Hertfordshire AL7 1TW
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If you would like any further information about this medicine, please contact The Boots Company PLC Nottingham NG2 3AA.

**Other formats**
To request a copy of this leaflet in Braille, large print or audio please call, free of charge:
0800 198 5000 (UK only)
Please be ready to give the following information:
Product name: Boots Pharmacy Eczema and Dermatitis Cream
Reference number: 00201/0276
This is a service provided by the Royal National Institute of Blind People.