Morhulin Ointment
(zinc oxide, cod liver oil)

Important information about Morhulin Ointment
• This medicine treats minor wounds, skin conditions and nappy rash.
• It can be used by adults, the elderly and children.
Do not use...
• If allergic to any ingredient listed.
• If you are allergic to Lanolin.

How to use this medicine
1. What the medicine is for
   Morhulin Ointment contains cod liver oil which promotes the healing of wounds and zinc oxide which helps remove dead tissue from wounds. Vitamin A in cod liver oil also contributes to the healing process. Morhulin Ointment is used for the treatment of minor wounds and grazes, pressure sores, varicose ulcers, eczema and nappy rash.

2. Before you use this medicine
   Do not use the medicine if you or your child have....
   • an allergy to any of the ingredients listed in section 6.
   Pregnant or breastfeeding....
   Ask your doctor or pharmacist for advice before using this medicine if you are pregnant, might be pregnant or are breastfeeding. Morhulin Ointment should not be used in pregnancy unless the doctor has told you to do so.

3. How to use this medicine
   Apply it to the skin.
   Adults, the elderly and children
   Wounds requiring a dressing
   • Apply a thin layer to a clean dressing, sufficient to cover the affected area and the surrounding healthy skin.
   • Press the dressing gently onto the wound.
   Surface wounds
   • Apply directly to the wound 1 to 3 times a day.
   FOR EXTERNAL USE ONLY.

   If your symptoms persist you should ask your doctor for advice.

   If you swallow some
   If you accidentally swallow some, see a doctor straight away. Take the pack with you to show which medicine you have swallowed.

   Turn over

Morhulin Ointment 50g

4. Possible side effects
   Like all medicines, Morhulin Ointment can have side effects, although these don’t affect everyone.
   • Rarely, rashes may occur.
   If you notice this or any other side effect not included above, stop use and tell your doctor or pharmacist. They will tell you what to do.

5. Storing this medicine
   • Keep it out of the reach and sight of children.
   • Do not store above 25°C.
   • Protect from moisture.
   • Do not use after the expiry date shown on the carton. The expiry date refers to the last day of that month.
   • Medicine should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of any unused medicine. These measures will help to protect the environment.

6. Further information
   What is in this medicine
   The active ingredients are: zinc oxide 38% w/w and cod liver oil 11.4% w/w.
   The other ingredients are: liquid paraffin, yellow soft paraffin, lanolin anhydrous, castor oil and diluted sodium hypochlorite solution.

   What the medicine looks like
   Morhulin Ointment is a white smooth ointment with a characteristic smell.
   It is supplied in 50g tubes or 350g pots although not all pack sizes may be marketed.

   Marketing authorisation holder
   Actavis Group PTC ehf, Reykjavíkurvegi 76-78 220 Ísafjarðarbær, Iceland.

   Manufacturer
   Thornton and Ross Ltd, Huddersfield, HD7 5QH, UK.

   This leaflet was revised in May 2008
   Morhulin is a trade mark of Actavis Group PTC ehf.
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(zinc oxide, cod liver oil)

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- It can be used by adults, the elderly and children.
- Do not use:
  - If allergic to any ingredient listed.
  - If you are allergic to Lanolin.

Now read the rest of the leaflet before you use this medicine. It includes other information which might be especially important for you.
- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need any more information or advice.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

1. What the medicine is for
Morhulin Ointment contains cod liver oil which promotes the healing of wounds and zinc oxide which helps remove dead tissue from wounds. Vitamins A and D in cod liver oil also contribute to the healing process. Morhulin Ointment is used for the treatment of minor wounds and grazes, pressure sores, varicose ulcers, eczema and nappy rash.

2. Before you use this medicine
Do not use the medicine if you or your child have:
- An allergy to any of the ingredients listed in section 6.

Pregnant or breastfeeding...
Ask your doctor or pharmacist for advice before using this medicine if you are pregnant, might be pregnant or are breastfeeding. Morhulin Ointment should not be used in pregnancy unless the doctor has told you to do so.

Important information about some of the ingredients
- This product contains lanolin which may cause local skin reaction (e.g. contact dermatitis).

3. How to use this medicine
Apply it to the skin.

Adults, the elderly and children
Wounds requiring a dressing
- Apply a thin layer to a clean dressing, sufficient to cover the affected area and the surrounding healthy skin.
- Press the dressing gently onto the wound.

Surface wounds
- Apply directly to the wound 1 to 3 times a day.

For external use only.

If your symptoms persist you should ask your doctor for advice.

If you swallow some
If you accidentally swallow some, see a doctor straight away. Take the pack with you to show which medicine you have swallowed.

4. Possible side effects
Like all medicines, Morhulin Ointment can have side effects, although these don’t affect everyone.
- Rarely, rashes may occur.
- If you notice this or any other side effect not included above, stop use and tell your doctor or pharmacist. They will tell you what to do.

5. Storing this medicine
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- Do not store above 25°C.
- Protect from moisture.
- Do not use after the expiry date shown on the carton. The expiry date refers to the last day of that month.
- Medicine should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of any unused medicine. These measures will help to protect the environment.

6. Further information
What is in this medicine
- The active ingredients are: zinc oxide 38% w/w and cod liver of 11.4% w/w.
- The other ingredients are: liquid paraffin, yellow soft paraffin, lanolin anhydrous, castor oil and distilled sodium hypochlorite solution.

What the medicine looks like
Morhulin Ointment is a white smooth ointment with a characteristic smell.
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