

Patient Information Leaflet - CONOTRANE CREAM

Benzalkonium chloride and Dimeticone

Read all of this leaflet carefully before you start using this medicine. It contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine is available without prescription. However, you still need to use Conotrane Cream carefully to get the best results from it. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- You must contact a doctor if your symptoms worsen or do not improve after 14 days.
- If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

In this leaflet:

1. What Conotrane Cream is and what it is used for
2. Before you use Conotrane Cream
3. How to use Conotrane Cream
4. Possible side effects
5. How to store Conotrane Cream
6. Further information

1. WHAT CONOTRANE CREAM IS AND WHAT IT IS USED FOR

Conotrane Cream is a barrier cream containing two active ingredients: dimeticone, a highly water-repellent substance and benzalkonium chloride, an effective antiseptic.

Conotrane Cream is used to protect the skin from moisture, irritants, chafing and contamination with bacteria or yeasts. It prevents and treats nappy rash, and can also be used in the prevention of pressure sores and for other skin irritations caused by rubbing or moisture.

2. BEFORE YOU USE CONOTRANE CREAM

Do not use Conotrane Cream if you

- are **allergic** (hypersensitive) to **benzalkonium chloride** or **dimeticone** or **any of the other ingredients** of Conotrane Cream (see list in section 6 'Further information')

Important information about some of the ingredients of Conotrane Cream

The cetostearyl alcohol may cause local skin reactions (e.g. contact dermatitis).

3. HOW TO USE CONOTRANE CREAM

Dosage

Always use Conotrane Cream exactly as instructed. You should check with your doctor or pharmacist if you are not sure. The cream is for external use only and should be applied to the affected area(s) several times a day as needed. For nappy rash, the cream should be applied at every nappy change.

If the symptoms persist for more than 14 days without improvement consult your doctor.

4. POSSIBLE SIDE EFFECTS

Like all medicines, Conotrane Cream can cause side effects, although not everybody gets them.

On rare occasions, the active ingredient benzalkonium chloride has caused irritation of the skin at the site of application. If this occurs you should stop using Conotrane Cream immediately and consult your doctor if the irritation persists.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

5. HOW TO STORE CONOTRANE CREAM

Do not store above 25°C (which is normal room temperature).

Keep out of the reach and sight of children.

Do not use Conotrane Cream after the expiry date which is stated on the tube and carton, after EXP. The expiry date refers to the last day of that month.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. FURTHER INFORMATION

What Conotrane Cream contains

The active ingredients are benzalkonium chloride 0.1% w/w and dimeticone 22% w/w.

The other ingredients are cetostearyl alcohol, macrogol cetostearyl ether, white soft paraffin, light liquid paraffin, macrogol, potassium dihydrogen orthophosphate, geranium (fragrance) and water.

What Conotrane Cream looks like and contents of the pack

Conotrane Cream is a smooth white cream and is available in a tube containing 100g or a tub containing 500g.

Marketing Authorisation Holder and manufacturer

The Marketing Authorisation for Conotrane Cream is held by Astellas Pharma Ltd., 2000 Hillswood Drive, Chertsey, Surrey, KT16 0RS, UK.

The cream is manufactured by Laleham Health and Beauty Limited, Fairfield, Bradshaw Lane, Kirkham, Preston, Lancashire. PR4 3JA, UK.

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