Read all of this leaflet carefully before you start taking this medicine
- Keep this leaflet. You may need to read it again.
- If you have any further questions, please ask your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.

Index
1 What Propranolol tablets are and what they are used for
2 Before you take
3 How to take
4 Possible side effects
5 How to store
6 Further information

1 What Propranolol tablets are and what they are used for
Propranolol belongs to a group of medicines called beta-blockers. It is used to:
- treat high blood pressure, an enlarged heart muscle or tremors
- treat angina pectoris (pain in the chest caused by blockages in the arteries leading to the heart) or high blood pressure caused by a tumour near a kidney (pheochromocytoma)
- help prevent additional heart attacks
- control irregular or fast heart beats
- control fast heart rate and other symptoms caused by an overactive thyroid gland
- to reduce migraine attacks
- calm people who are anxious or worried
- prevent stomach bleeding in patients with high blood pressure in their liver or swollen blood vessels in their gullet.

2 Before you take
Do not take Propranolol tablets and tell your doctor if you:
- are allergic (hypersensitive) to Propranolol tablets or any of the other ingredients (see section 6)
- have untreated/uncontrolled heart failure or are in shock caused by heart problems
- suffer with heart conduction or rhythm problems
- have a slow heart rate
- have low blood pressure
- suffer from severe blood circulation problems (which may cause your fingers and toes to tingle or turn pale or blue)
- suffer from diabetes mellitus (low blood sugar levels may be hidden by this medicine) and increased acidity of the blood (metabolic acidosis)
- are on a strict fasting diet
- suffer from a tight, painful feeling in the chest in periods of rest (Prinzmetal's angina)
- suffer from asthma or any other breathing difficulties
- suffer from untreated pheochromocytoma (high blood pressure due to a tumour near the kidney).

Take special care with Propranolol tablets and tell your doctor if you:
- have a history of allergic reactions
- suffer with muscle weakness (myasthenia gravis)
- have a heart weakness or first degree heart block
- have kidney or liver disease
- suffer from blood circulation problems (which may cause your fingers and toes to tingle or turn pale or blue)
- have symptoms of hyperthyroidism (increased appetite, weight loss, sweating)
- suffer with or have a history of priapism
- suffer from Raynaud’s disease (cold sensations in fingers and toes) or intermittent claudication (narrowing of arteries in the legs causing pain on walking)
- smoke

Taking other medicines
Before taking Propranolol tablets, tell your doctor if you are taking or have taken recently any of the following medicines or are taking any non-prescribed medicines:
- verapamil and diltiazem (to treat heart diseases)
- disopyramide, quinidine and amiodarone (to treat irregular heartbeat (arrhythmia))
- ergotamine derivatives (to treat migraine)
- adrenaline (epinephrine, used in anaphylactic shock)
- medicines to treat diabetes including insulin
- lidocaine, procainamide or flecainide (to treat irregular heartbeat (arrhythmia) or as a local anaesthetic)
- indometacin (Non-Steroidal Anti-Inflammatory Drug (NSAID))
- digitalis glycosides or diuretics (to treat heart conditions)
- clonidine (for mental illness)
- cimetidine (to treat stomach ulcers)
- theophylline (to treat asthma and reversible airways obstruction)
- diuretics (to clear excess water from the body)

Pregnancy and breastfeeding
Propranolol tablets are not recommended during pregnancy or breastfeeding. Ask your doctor or pharmacist for advice before taking any medicine.

Driving and using machines
Propranolol tablets may cause visual disturbances, hallucinations, fatigue, mental confusion, dizziness or tiredness. Make sure you are not affected before you drive or operate machinery.

Sugar intolerance
If you have been told that you have an intolerance to some sugars, contact your doctor before taking this medicine, as it contains lactose.

Alcohol intake
You are advised to avoid alcohol whilst taking this medicine.
Propranolol Tablets
All strengths x All Sizes (UK)

JDE No.: 50918995

Dimensions: 148x210 (Reel Fed)
Component: Leaflet for Blisters
Pharmacode: 3935

Date Sent: 25/01/17
Technologist: R.Wrey

Technically Approved

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Propranolol Tablets
10mg, 40mg, 80mg & 160mg Tablets PIL - UK

Item no: BBBA0499

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