Metoprolol Tartrate 50mg and 100mg tablets

What Metoprolol Tartrate tablets are and what they are used for
Metoprolol Tartrate belongs to a group of medicines called beta-blockers. It is used to treat:
• high blood pressure
• angina pectoris (pain in the chest caused by blockages in the arteries to the heart)
• irregular heart rhythm (arrhythmia)
• the symptoms caused by an overactive thyroid gland (thyrotoxicosis)
It is used to prevent:
• migraine
• heart damage and death due to heart attacks.

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What you need to know before you take Metoprolol Tartrate tablets
Do not take Metoprolol Tartrate tablets if you:
• are allergic to metoprolol, other beta-blockers or any of the other ingredients of this medicine (listed in section 6)
• suffer with heart conduction or rhythm problems
• have severe or uncontrolled heart failure
• are in shock caused by heart problems
• suffer with blocked blood vessels, including blood circulation problems (which may cause your fingers and toes to tingle or turn pale or blue)
• have a slow heart rate or have suffered a heart attack which has been complicated by a significantly slow heart rate
• feel from a tight, painful feeling in the chest in periods of rest (Panzinmet’s angina)
• suffer with untreated pheochromocytoma (high-blood pressure due to a tumour near the kidney)
• suffer from increased acidity of the blood (metabolic acidosis)
• have low blood pressure

Possible side effects
• have or had breathing difficulties or asthma including COPD (Chronic Obstructive Pulmonary Disease causing coughing, wheezing or breathlessness, phlegm or increase in chest infections)
• suffer with diabetes associated with frequent episodes of low blood sugar (hypoglycaemia)
• have liver or kidney disease or failure
• have difficulties in passing urine
• have low levels of potassium (hypokalaemia) or sodium (hyperostraemia) in your blood
• have high levels of calcium (hypercalcaemia)
• suffer with gout due to high levels of uric acid (hyperuricaemia) in your blood causing crystals to deposit in joints of hands or feet causing pain
• are given other medicines for blood pressure by injection especially verapamil, diltiazem or diisopyramide.

Warnings and precautions
Talk to your doctor or pharmacist before using Metoprolol Tartrate tablets if you:
• have a history of allergic reactions
• have diabetes mellitus (low blood sugar levels may be hidden by this medicine)
• suffer from treated pheochromocytoma (high blood pressure due to tumour near the kidney)
• have or have suffered from psoriasis (severe skin rashes)
• have a slow heart rate or blood vessel disorder
• have controlled heart failure
• have impaired liver or kidney function
• have liver cirrhosis
• are elderly
• have myasthenia gravis.

Anaesthetics and surgery
If you are going to have an operation or an anaesthetic, please tell your doctor or dentist that you are taking Metoprolol Tartrate tablets, as your heart beat might slow down too much.

Taking other medicines
Do not take Metoprolol Tartrate tablets if you are already taking:
• monoamine oxidase inhibitors (MAOIs) for depression
• other blood pressure lowering medicines such as verapamil, nifedipine and diltiazem
• alprostadil (to treat erectile dysfunction)
• disopyramide or quinidine (to treat irregular heartbeat (arrhythmia)

Other medicine and Metoprolol Tartrate tablets
Tell your doctor or pharmacist if you are taking, have taken recently or might take any other medicines.
• atenolol
• beta-blockers
• corticosteroids
• cocaine
• oestrogens (such as contraceptive pill or hormone replacement therapy)
• corticosteroids (e.g. hydrocortisone, prednisolone)
• other beta-blockers e.g. eye drops
• adrenaline (epinephrine) or terbutaline (antifungal)
• metoprolol 50mg and 100mg tablets PIL - UK

Package leaflet: Information for the patient

Actavis BST - Packing Technical
BSTCutterGuideReq@actavis.com
Dimensions:
Component:
Date sent:
Technologist:
Pharmacode:

Metoprolol Tartrate
50 & 100mg x 28 & 56's (UK)
JDE No.: 50907225
Dimensions: 148x210 (Reel Fed)
Component: Leaflet for Blisters
Pharmacode: 4266
Date Sent: 08/08/16
Technologist: R.Wrey
Technically Approved

Continued over page
Possible side effects
Like all medicines, this medicine can cause side effects, although not everybody gets them.
Stop treatment and contact a doctor at once if you have the following symptoms of an:
- allergic reaction such as itching, difficulty breathing or swelling of the face, lips, throat or tongue.
Tell your doctor if you notice any of the following side effects or notice any other effects not listed:
Common (may affect up to 1 in 10 people): tiredness, dizziness, headache, a slow heart rate, feeling faint on standing due to low blood pressure, shortness of breath with or without strenuous physical activity, feeling or being sick, stomach pain.
Rare (may affect up to 1 in 10,000 people): depression, nightmares, inability to think clearly, sleepiness or difficulty in sleeping, tingling or pins and needles, difficulty breathing, heart failure, irregular heart rate, palpitation, water retention causing swelling, Raynaud’s phenomenon (causing pain, numbness, coldness and blueness of the fingers), diarrhoea or constipation, skin rash, muscle cramps.
Very rare (may affect up to 1 in 10,000 people): changes in the results of blood tests, effects on blood clotting causing easy or unplanned bruising, changes in personality, hallucinations, visual disturbances, dry or irritated eyes, ringing in the ears, loss of hearing with high doses, heart conduction problems, chest pain, garrigue in patients with severe poor circulation, coryne nose, dry mouth, weight gain sensitivity to light, increased sweating, hair loss, worsening of new psoriasis, joint inflammation (arthritis), disorders of sexual desire and performance, changes in liver function tests.
Not known (frequency cannot be estimated from the available data): worsening or development of impinging, hepatitis (symptoms include fever, sickness and yellowing of the skin or eyes), Peyronie’s syndrome (bending of the penis), symptoms of high levels of the thyroid hormone or low blood sugar may be hidden, confusion, increase in blood fats or decrease in cholesterol, retropitoneal fibrosis (symptoms include lower back pain, high blood pressure), occurrence of antinuclear antibodies not associated with systemic lupus erythematosus (SLE).
Reporting of side effects
If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gove.uk/yelllowcard. By reporting side effects you can help provide more information on the safety of this medicine.

How to store Metoprolol Tartrate tablets
Keep out of the sight and reach of children. Store below 25°C in a dry place. Protect from light. Do not take the tablets after the expiry date which is stated on the carton.
Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Contents of the pack and other information
What Metoprolol Tartrate tablets contain:
- the active substance (the ingredient that makes the tablets work) is metoprolol tartrate. Each tablet contains either 50mg or 100mg of the active substance.
- the other ingredients are silica, colloidal anhydrous, lactose monohydrate, magnesium stearate, maize starch, colloidal microcrystalline, povidone.

What Metoprolol Tartrate tablets look like and contents of the pack
Metoprolol Tartrate 50mg and 100mg tablets are white to off-white, circular, biconvex, uncoated tablets.
Pack sizes are 28 and 56.
Marketing Authorisation Holder and Manufacturer
Actavis, Barnstaple, EX32 8NS, UK.
This leaflet was last revised in November 2016.

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