Glyceryl Trinitrate tablets
500micrograms and 600micrograms

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advise.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

Index
1. What Glyceryl Trinitrate tablets are and what they are used for
2. What you need to know before you take
3. How to take Glyceryl Trinitrate Tablets
4. Possible side effects
5. How to store Glyceryl Trinitrate Tablets
6. Contents of the pack and other information

1. What Glyceryl Trinitrate tablets are and what they are used for
Glyceryl Trinitrate belongs to a group of medicines called nitrates vasodilators. These medicines work by relaxing the blood vessels of the heart. This reduces the strain on the heart by making it easier to pump blood.

Glyceryl Trinitrate tablets BP may be used to:
- prevent or stop chest pain caused by angina pectoris
- stop spasms in the blood vessels of the heart.
- prevent or stop chest pain caused by angina pectoris
- stop spasms in the blood vessels of the heart.

2. What you need to know before you take
Do not take Glyceryl Trinitrate tablets if you:
- are allergic (hypersensitive) to glyceryl trinitrate, nitrates or any of the ingredients in the tablet.
- have raised pressure in your head including that caused by an accident to your head or bleeding on the brain, causing painful eyes, changes in vision and a bad headache especially behind the eyes.
- have increased pressure in the eye (glaucoma).
- are taking sildenafil (Viagra) or similar medicines (such as tadalafil or vardenafil) used for the treatment of erection problems.

Warnings and precautions
Talk to your doctor or pharmacist before taking Glyceryl Trinitrate tablets if you have:
- severe liver or kidney problems
- or under active thyroid gland
- had a recent heart attack
- low body temperature (hypothermia)
- poor nutrition due to an unbalanced diet or digestion problems (malnutrition)
- abnormally low levels of oxygen in the blood (hypoxaemia)
- very low blood pressure, low blood volume or conditions that lower blood volume in the heart.
- any of the following heart conditions: narrowing of heart valves, inflammation of the heart, build up of fluid around the heart or heart failure
- disease of the blood vessels supplying the brain (cerebrovascular disease).

Other medicines and Glyceryl Trinitrate Tablets
Tell your doctor or pharmacist if you, have recently taken or might take any other medicines, including medicines obtained without a prescription. Especially:
- sildenafil (Viagra), tadalafil (Cialis) or vardenafil (Levitra) used to treat erection problems
- heparin used to thin the blood
- n-acetylcysteine used in paracetamol overdose
- long acting nitrates (isosorbid dinitrate, isosorbid mononitrate)
- medicines used to treat high blood pressure
- medicines that can cause dry mouth (ammonylne, dipropamide, atropine and propantheline, tricyclic antidepressants)
- apomorphine used to treat Parkinson’s disease.
- medicines used to treat migraine (ergot alkaloids)

Glyceryl Trinitrate tablets with alcohol
You are advised not to drink alcohol with Glyceryl Trinitrate tablets, as some of the effects of this medicine are increased.

Pregnancy and breast feeding
If you are pregnant, planning to become pregnant or breast feeding, ask your doctor or pharmacist for advice before taking this medicine.

Driving and using machines
As glyceryl trinitrate can cause dizziness you should make sure you are not affected before driving or operating machinery, especially if taken with alcohol.

Glyceryl Trinitrate Tablets contain lactose
If you have been told you have an intolerance to lactose, including some sugars, contact your doctor before taking this medicine, as it contains lactose.

3. How to take Glyceryl Trinitrate Tablets
To take:
- for the approved indication
- as directed by your doctor.
- as a single dose of not more than 2 tablets in 24 hours.
- at regular intervals as directed by your doctor.

4. Possible side effects
Possible side effects may include:
- severe changes in vision and a bad headache especially behind the eyes.
- severe raised pressure in the eye (glaucoma).
- allergic reaction may include a rash, itching, redness, swelling of face, lips, or tongue.
- difficulty breathing or swelling of the face, lips, or tongue (see section 6).
- an allergic reaction may include a rash, itching, redness, swelling of the face, lips, or tongue.
- any of the following heart conditions: narrowing of heart valves, inflammation of the heart, build up of fluid around the heart or heart failure
- disease of the blood vessels supplying the brain (cerebrovascular disease).

5. How to store Glyceryl Trinitrate Tablets
Store in a dry place. Do not store above 25°C.
Keep the pack sealed until used.
Do not use after the expiry date.

6. Contents of the pack and other information
Glyceryl Trinitrate Tablets contain:
- Glyceryl trinitrate (USP) 500micrograms and 600micrograms.
- Lactose monohydrate.
- Magnesium stearate.

The active ingredients are:
Glyceryl trinitrate

Other ingredients are:
Lactose monohydrate
Magnesium stearate

Amounts per tablet:
- 500micrograms tablet
- 600micrograms tablet

The pack contains:
- 20 tablets
- 10 tablets

Packaging and storage:
Carton of tablet packs
Tablet packs are notexposed to light

Glyceryl Trinitrate Tablets are available in packs of:
- 10 tablets
- 20 tablets

Suppliers of tablets:
Actavis UK

Glyceryl Trinitrate Tablets 500 & 600mg x 100’s (UK)

JDE No: 50868502
Dimensions: 130x210 (Reel Fed)
Component: Leaflet for Bottles
Pharmacode: 2769
Date Sent: 10/08/15
Technologist: R.Wrey

Actavis BST - Packing Technical
BSTCutterGuideReq@actavis.com

30x210 Leaflet Reel Fed Profile (BST)

* Please note that only Actavis Global Artwork Studios are permitted to make changes to the above artwork. No changes are permitted by any 3rd party other than added notes and mark ups for required changes.
### How to take Glyceryl Trinitrate Tablets

Always take Glyceryl Trinitrate tablets exactly as your doctor has told you. If you are not sure, check with your doctor or pharmacist. Do not swallow the tablets.

**Doses:**
- **Adult:** Take the tablets sat down when taking to stop angina pectoris. 1 tablet should be placed under the tongue and allowed to dissolve slowly, this dose should be repeated after 5 minutes if symptoms are not relieved. If pain persists after a total of 3 doses in 15 minutes you should seek medical advice immediately.
- **Older people:** When taking to prevent or stop angina pectoris take the tablets sat down to reduce possible fainting or low blood pressure. Your doctor will change the dose to suit your condition. Do not notice if your tablets are not working as well at relieving pain as they have done, contact your pharmacist or doctor. If you need more tablets than before to help, tell the doctor who will advise what to do.

### Possible side effects

Like all medicines, Glyceryl Trinitrate tablets can cause side effects, although not everybody gets them.

If any of the following serious side effects happen, stop taking the medicine and tell your Doctor immediately or go to your nearest hospital:
- Worsening of angina symptoms, chest pains, hypoxaemia (difficulty breathing, increased rate of breathing), methaemoglobinemia (breathing problem, shortness of breath, tiredness), difficulty breathing, blue colouring of the lips, fingers or toes (cyanosis), rapid (tachycardia) or slowed (bradycardia) heartbeat, blindness in one eye, cerebral ischaemia which may cause weakness in one arm or leg, or weakness in one entire side of the body, difficulty speaking, slurred speech, loss of coordination, loss of consciousness.

Other side effects:
- Very common (may affect more than 1 in 10 people)
  - tinnitus
  - palpitations
  - feeling dizzy
  - feeling faint
  - heartburn
  - bad breath, itchy, flaky or red skin, skin rash
- Rare (may affect up to 1 in 10,000 people)
  - Kawasaki
  - tongue blistering
  - localised burning sensation
  - fainting
- Uncommon (may affect up to 1 in 100 people)
  - weakness
  - spinning sensation, fall in blood pressure when seated or standing up, dizziness, drowsiness
  - weakness
- Very rare (may affect up to 1 in 10,000 people)
  - allergic skin reactions

**Report of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowsand

### How to store Glyceryl Trinitrate Tablets

Keep this medicine out of the sight and reach of children.

The active medicine quickly evaporates from the tablet and you should observe the following conditions to ensure continued potency of the tablets:
- Do not use the tablets within 6 weeks of first opening the bottle, obtain a fresh supply and return the old tablets to your pharmacist. (Fresh tablets should produce a slight burning sensation when placed under the tongue; if this does not occur, obtain a fresh supply). In any event do not use the tablets after the expiry date shown.
- Your Glyceryl Trinitrate tablets will be in a glass airtight container with a foil-lined cap. Keep them in this.
- After each use close the bottle cap tightly.
- Do not put cotton wool, other medicines, or anything else in the bottle with the tablets.
- Store the tablets below 25°C in a dry place, protected from light. If you need to carry them with you do not carry them close to your body, rather in a purse, wallet or handbag.

Do not use Glyceryl Trinitrate tablets after the expiry date stated on the bottle. The expiry date refers to the last day of that month.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

### Contents of the pack and other information

**What Glyceryl Trinitrate tablets contain**

- The active substance (the ingredient that makes the tablets work) is glyceryl trinitrate (IP). Each tablet contains either 0.525mg or 0.630mg of the active ingredient Glyceryl trinitrate 2% arbofibrate which is equivalent to 500micrograms and 600micrograms of Glyceryl trinitrate.
- The other ingredients are lactose, starch acid, magnesium stearate, colloidal silicon dioxide, mannitol and asacca.

**Glyceryl Trinitrate tablets look like and contents of the pack**

Glyceryl Trinitrate are white, circular, uncoated tablets.

Pack size is 100.

**Marketing Authorisation Holder and Manufacturer**

Actavis, Barnstaple, EX32 8NS, UK. This leaflet was last revised in August 2013.

**Technical Approval**

Actavis BST - Packing Technical
BSTCutterGuideReg@actavis.com