

**A. LABELLING/LEAFLET**

**PARTICULARS TO APPEAR ON THE OUTER PACKAGING AND THE IMMEDIATE PACKAGING**

{LABEL/LEAFLET}

**1. NAME OF THE MEDICINAL PRODUCT**

Eno

**2. STATEMENT OF ACTIVE SUBSTANCE(S)**

Sodium Bicarbonate, Citric Acid, Sodium Carbonate

**3. LIST OF EXCIPIENTS**

**Further information**

**Active ingredient**

Each 5 g of Eno powder contains Sodium Bicarbonate 2.32 g, Citric Acid 2.18 g and Anhydrous Sodium Carbonate 0.50 g.

**4. PHARMACEUTICAL FORM AND CONTENTS**

150 g

**5. METHOD AND ROUTE(S) OF ADMINISTRATION**

**How to take Eno**

Dissolve the powder in a glass of water before taking it.

Adults and children 12 years or over:

**Take 5 g (one 5 ml spoonful) in a glass of water. Use when symptoms occur. A second dose may be taken after 2-3 hours. Do not take the second dose less than 2 hours after the first dose. Do not take more than two times a day. Do not exceed the stated dose. Do not take Eno for more than 14 days, unless advised by your doctor.**

**6. SPECIAL WARNING THAT THE MEDICINAL PRODUCT MUST BE STORED OUT OF THE SIGHT AND REACH OF CHILDREN**

**Keep out of the sight and reach of children.**

**7. OTHER SPECIAL WARNING(S), IF NECESSARY**

**Possible side effects**

Like all medicines, Eno can have side effects, but not everybody gets them. Stomach irritations causing wind or bloating can occur. In the event of overdose, seek medical advice.

**Reporting of side effects**

If you get any serious effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme Website: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

**8. EXPIRY DATE**

EXP

**9. SPECIAL STORAGE CONDITIONS**

**How to store Eno**

Do not use this medicine after the 'EXP' date shown on the pack.

**10. SPECIAL PRECAUTIONS FOR DISPOSAL OF UNUSED MEDICINAL PRODUCTS OR WASTE MATERIALS DERIVED FROM SUCH MEDICINAL PRODUCTS, IF APPROPRIATE**

N/A

**11. NAME AND ADDRESS OF THE MARKETING AUTHORISATION HOLDER**

**Marketing authorisation holder** is Haleon UK Trading Limited, The Heights, Weybridge, KT13 0NY, U.K.

The **manufacturer** is GlaxoSmithKline SA, 28806 Alcala de Henares, Madrid, Spain.

**12. MARKETING AUTHORISATION NUMBER(S)**

PL 44673/0056

**13. BATCH NUMBER<, DONATION AND PRODUCT CODES>**

BN

**14. GENERAL CLASSIFICATION FOR SUPPLY**

<Not applicable.>

## 15. INSTRUCTIONS ON USE

### FAST REFRESHING RELIEF FROM STOMACH UPSET

#### What Eno does

**Eno provides effective relief from indigestion, flatulence and nausea.**

Eno contains three active ingredients: sodium bicarbonate, citric acid and anhydrous sodium carbonate which react in a glass of water to produce a formula that neutralises stomach acid, bringing the system back to normal.

#### Check before you take Eno

##### Do not take Eno:

- **If you have ever had an allergic reaction** to sodium bicarbonate, sodium carbonate, citric acid, or any other ingredients in this product
- If you are on a **controlled sodium diet**. Each 5 g dose contains 0.85 g of sodium
- If you have any **liver, heart or kidney problems**
- If you have **high blood pressure or heart disease**
- If you are under **12 years**

##### Talk to your doctor:

- If your **symptoms persist or worsen**. Persistent heartburn may be an early sign of something more serious.
- If you are **pregnant or breastfeeding**
- If you are **taking other medicines**
- **Do not take Eno for more than 14 days, unless advised by your doctor.**

## 16. INFORMATION IN BRAILLE

Eno

## 17. UNIQUE IDENTIFIER – 2D BARCODE

<Not applicable.>

## 18. UNIQUE IDENTIFIER - HUMAN READABLE DATA

<Not applicable.>

## OTHER INFORMATION

This information was last revised in April 2023.

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